Qian Ren Zhong Shu Hou Ren Liang



Count: 72 Wand: 1 Ebene: Beginner

Choreograf/in: Kimmy Tsen (MY) - March 2019

Musik: Qian Ren Zhong Shu Hou Ren Liang (前人种树后人凉) - Yu Yan Shan (余艳姗)



Intro: 32 counts

Sequence of dance: 40, 40, 72, 40, 40, 72, 40

BASIC CHA CHA

1, 2 Rock back on R, Recover L

3 & 4 Forward shuffle

5, 6 Rock forward on L, Recover R

7 & 8 Back shuffle

SIDE ROCK, CROSS SHUFFLE x 2

1, 2	Rock R to R, Recover L
3 & 4	R over L, L to L, R over L
5, 6	Rock L to L, Recover R
7 & 8	L over R, R to R, L over R

PIVOT ½ TURN L, ½ TURN L SHUFFLE BACK, ROCK, RECOVER, KICK BALL POINT

1, 2 R forward, ½ turn L ,step forward on L

3 & 4 ½ L shuffle back RLR

5, 6 Rock back on L, recover on R7 & 8 Kick L, step on L, point R to R

ROLLING VINE x 2

1,2,3,4 Rolling vine to R, point L 5,6,7,8 Rolling vine to L, point R

OUT OUT IN IN, BUMP RIGHT, BUMP L

Step R forward to R, L forward to L
 Step R back to center, L next to R

5, 6 Bump R twice 7, 8 Bump L twice

(ROCK RECOVER, TOGETHER, HOLD) X 2

1,2,3,4 Rock R, recover L, R next to L, hold 5,6,7,8 Rock L, recover R, L next to R, hold

TOUCH, KICK, SAILOR 1/4 TURN R, TOUCH, KICK, SAILOR 1/4 TURN L

1, 2 Touch R next to L, kick R diagonally

3 & 4 ½ turn R, R behind L, step on L, step on R (3 o'clock)

5, 6 Touch L next to R, kick L diagonally L

7 & 8 ½ turn L, L behind R, step on R, step on L (12 o'clock)

R CHASSE, ROCK , RECOVER, L CHASSE ROCK RECOVER

1 & 2 R to R, next to R, R to R
3, 4 Rock back on L, recover R
5 & 6 L to L, R next to L, L to L
7, 8 Rock back on R, Recover L

PADDLE FULL CIRCLE

1,2,3,4,5,6,7,8 Paddle to L for 8 counts to come back to 12 o'clock

Happy Dancing

Email: kimmytsen@gmail.com