

Be Nice!

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Kim-Fundanner (MY) & Miko Yamamoto (INA) - May 2019

Musik: Be Nice - C'Marie



Intro: 32 counts - No tag or restart!

S1 – RIGHT BOTAFOGO, LEFT BOTAFOGO, RIGHT-LEFT BACK BOTAFOGO,

- 1a2 Cross Rf over Lf (11:30), step ball of Lf to side, recover onto Rf (1:30)
- 3a4 Cross Lf over Rf (1:30), step ball of Rf to side, recover onto Lf (11:00)
- 5a6 Step Rf behind Lf, step ball of Lf to side, recover on ball of Rf
- 7a8 Step Lf behind Rf, step ball of Rf to side, recover on ball of Lf

S2 – STEP, RECOVER with HOOK, LOCK STEP FORWARD, STEP PIVOT 1/2 TURN with flick, LOCK STEP FORWARD

- 1-2 Step Rf forward, recover onto Lf with Rf hook across left shin,
- 3&4 Step Rf forward, lock ball of Lf behind Rf, step Rf forward
- 5-6 Step Lf forward, pivot 1/2 turn right with Lf flick (weight on Rf)
- 7&8 Step forward on Lf, lock ball of Rf behind Lf, step forward on Lf

S3 – FORWARD & BACK MAMBO, RIGHT & LEFT SAMBA WHISKS

- 1&2 Rock forward on Rf, recover onto Lf, step Rf back
- 3&4 Rock back on Lf, recover onto Rf, step Lf forward
- 5&6 Step Rf big step to side, step ball of Lf behind Rf, recover onto Rf
- 7&8 Step Lf big step to side, step ball of Rf behind Lf, recover onto Lf

S4 – FULL DIAMOND

- 1&2 Cross Rf over Lf (1) 6:00, turn 1/8 right stepping Lf to side (&) 7:30, step Rf Back (2) 7:30
- 3&4 Step Lf back(3) 7:30, turn 1/8 right stepping Rf side 9:00 (&), 1/8 turn right stepping Lf forward (4) 10:30
- 5&6 Cross Rf over Lf (5) 10:30, turn 1/8 right stepping Lf to side (&) 12:00 turn 1/8 Right stepping Rf back (6) 1:30
- 7&8 Step Lf back(7) 1:30, turn 1/8 right stepping Rf side (&) 3:00, turn 1/8 right stepping Lf forward (8) 4:30

Start again!

Have fun, enjoy!

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