I'm Ready To Run

Count: 64

1-2

Ebene: Improver

Choreograf/in: Caroline Cooper (UK) & Ann-Kristin Sandberg (NOR) - July 2019

Wand: 2

Musik: Ready to Run - The Luck : (iTunes)			
Start on n	main vocals		
SECTION	N 1: OUT, OUT, COASTER STEP, WALK X 2, SHUFFLE		
1-2	Step R out to R diagonal, step L out to L diagonal		
3&4	Step R foot back, step L foot back, step R foot forward		
5-6	Walk forward L & R		
7&8	Step forward L, step R next to L, step forward L (12)		
SECTION	N 2: STEP 1/4, CROSS SHUFFLE, ¼ ¼ CROSS SHUFFLE		
1-2	Step forward R, ¼ pivot turn L (weight L)		
3&4	Cross R over L, step L to L side, cross R over L		
5-6	¼ turn R stepping back on L, ¼ turn R stepping R to R side		
7&8	Cross L over R, step R to R side, cross L over R (3)		
SECTION	N 3: SIDE, TOUCH, KICK & CROSS, SIDE RECOVER, CHASSE		
1-2	Step R to R side, Touch L next to R		
3&4	Kick L foot forward, Step L next to R, Cross R over L		
5-6	Step L to L side, Recover onto R		
7&8	Step L to L side, Step R next to L, Step L to L side (3)		
SECTION	N 4: CROSS, BACK, BACK, CROSS, BACK TOUCH, SHUFFLE		
1-2	Cross R over L, Step L back		
3-4	Step R back, Cross L over R		
5-6	Step R back, Touch L next to R		
7&8	Step L forward, Step R next to L, Step L forward (3)		
SECTION	N 5: STOMP, HOLD, BEHIND SIDE CROSS, ¼ MONTERAY		
1-2	Stomp R to R side, hold		
3&4	Cross L behind R, step R to R side, cross L over R		
5-6	Point R to R side, ¼ turn R stepping R next to L		
7-8	Point L to L side, close L next to R (6)		
SECTION	N 6: STOMP, HOLD, BEHIND SIDE CROSS, ½ MONTERAY		
1-2	Stomp R to R side, hold		
3&4	Cross L behind R, step R to R side, cross L over R		
5-6	Point R to R side, 1/2 turn R stepping R next to L		
7-8	Point L to L side, close L next to R (12)		
SECTION	N 7: ROCK RECOVER, ½ TURN R INTO SHUFFLE, ROCK RECOVER, COASTER	STEP	
1-2	Step R forward, Recover onto L		
3&4	1/2 turn R stepping R forward, Step L next to R, Step R forward (6)		
5-6	Step L forward, Recover onto R		
7&8	Step L back, Step R next to L, Step L forward (6)		
SECTION	N 8: STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH		

Step R diagonal forward to R, Step L next to R



- 5-6 Step L diagonal forward to L, Step R next to L
- 7-8 Step L diagonal forward to L, Touch R next to L (clap on count 8) (6)

RESTART ON WALL 6 AFTER 8 COUNTS F 06

HAPPY DANCING!

CONTACT : coolcoopers@yahoo.com anne88@online.no