Post It

Count: 16

Ebene: Ultra Beginner

Choreograf/in: Maria Cirino (USA) - November 2016

Musik: I Don't Want This Night to End - Luke Bryan

Begin dance 32 counts from the beginning of the song (approximately 17 seconds from the beginning)

[1 – 4] Stomp R-foot forward, 3 heel taps (weight to R-foot on last tap)

- Stomp R foot forward (1), pick up R heel only and tap it back down (2) 1-2
- 3-4 Pick up R heel only and tap it back down (3), Pick up R heel only and put it down shifting weight onto R foot (4)

[5 - 8] Stomp L-foot forward, 3 heel taps (weight to L-foot on last tap)

1-2 Stomp L foot forward (1), pick up L heel only and tap it back down (2) 3-4 Pick up L heel only and tap it back down (3), Pick up L heel only and put it down shifting weight onto L foot (4)

[9 - 12] Vine right

- 1-2 Step R side (1), cross L behind R (2)
- 3-4 Step R side (3), tap L together (4)

[13 – 16] Vine left 1/4 –turn left, brush

- 1-2 Step L side (1), cross R behind L (2)
- 3-4 Pivot ¹/₄-turn left on R-foot as you step L forward (3), brush R foot forward (4)

Begin again and have fun!

No tags, no restarts.

This is dance #2 in a series to introduce people to line dancing. This dance introduces the vine, brush and stomp. The first dance is Easy Peasy, third dance is In The Car, and the fourth dance is Oh Monterey.

~Maria





Wand: 4