Ella es de las mias

Count: 32

Ebene: Beginner

Choreograf/in: Angels Guix (ES) & Enric Nonell (ES) - January 2020 Musik: Ella Es de las Mías - Gemeliers : (Album: Stereo)

The song has a long a Capella introduction of approximately 32 second. Start the dance with the first drum beat.

[1-8] Step touch forward, step touch backward x2, step touch forward, shuffle right. ¼ turn shuffle left

- Step RF forward, touch toes of LF beside RF, step LF backward, touch toes of RF beside LF 1&2& 3&4& Step RF backward, touch toes of RF beside LF, step LF backward, touch toes of RF beside LF
- 5&6 Step RF to right, step LF together, step RF to right
- 7&8 Step LF to left, step RF together, ¹/₄ turn left and step LF forward

[9-16] Shuffle forward diagonally right, shuffle forward diagonally left, step touch backward x4

- 1&2 Step RF forward diagonally right, step LF together, step RF forward diagonally right
- 3&4 Step LF forward diagonally left, step RF together, step LF forward diagonally left
- 5&6& Step RF backward, touch LF together, step LF backward, touch RF together
- 7&8& Step RF backward, touch LF together, step LF backward, touch RF together

[17-24] Rumba box, mambo backward x2

- Step RF to right, step LF together, step RF forward 1&2
- 3&4 Step LF to left, step RF together, step LF backward
- 5&6 Rock RF backward, recover on LF, step RF to right
- 7&8 Rock LF backward, recover on RF, step LF to left

[25-32] ¼ turn jazz box x2

- Cross RF over LF, 1/4 turn right and step LF backward 1,2
- 3,4 Step RF to right, step LF forward
- 5,6 Cross RF over LF, 1/4 turn right and step LF backward
- Step RF to right, step LF forward 7,8

Start again

No Tags, No Re-Start





Wand: 4