Ami Oh



Count: 32 Wand: 4 Ebene: Improver

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Musik: Ami Oh - African Connection



Dance starts after 32 counts

2X CROSS SAMBA'S, 4X WALKS TURNING 3/4 TURN L

1 RF Cross over LF
& LF Step to left side
2 RF Recover weight
3 LF Cross over RF
& RF Step to right side
4 LF Recover weight

5 – 8 Walk R, L, R, L while making ¾ turn left

SYNCOPATED COMPRESSED ROCKSTEPS, 4X SMALL HOP FWD

1 RF Step to right side bending both knees

& LF recover weight2 RF Step next to LF

3 LF Step to left side bending both knees

& RF Recover weight4 LF Step next to LF

5 Small hop forward with feet apart

(knees are bend again)

6 – 8 Small hop forward wih feet apart and you keep the knees bend

SYNCOPATED ROCKSTEPS, STEP, HOLD, SHUFFLE R

1 RF Rock to right side 2 LF Recover weight & RF Step next to LF 3 LF Rock to left side 4 RF Recover weight & LF Step next to RF 5 RF Step to right side Hold 6 & LF Step next to RF

& LF Step next to RF
7 RF Step to right side
& LF Step next to RF
8 RF Step to right side

JAZZBOX, CROSS, BOUNCE FWD, BOUNCE BACK

1 LF Cross over RF 2 RF Step back 3 LF Step to left side 4 RF Cross over LF

5 LF Step forward and bounce (bend knee)

& LF Stretch leg

6 LF Bounce (bend knee)

& LF Stretch leg

7 RF Step back and bounce (bend knee)

& RF Stretch leg

- RF Bounce (bend knee)
- 8 & LF Recover next to RF