Yesterday's Gone

Count: 32

Ebene: Absolute Beginner

Choreograf/in: Vikki Morris (UK) - March 2020

Musik: Don't Stop - Fleetwood Mac : (2004 Remaster)

Start: 32 counts

S1: R Vine, Touch L, L Vine ¼ L, Scuff R

- Step Right to Right side, Cross Left behind Right 12
- 34 Step Right to Right side, Touch Left next to Right
- 56 Step Left to Left side, Cross Right behind Left
- 78 Turn ¼ turn Left stepping forward Left, Scuff R (9 o clock)

S2: R Rock, Recover L, R Toe Strut Back, Back L Rock, Recover R, L Forward Heel Strut

- Rock forward Right, Recover Left 12
- 34 Touch Right toes back, Slap Right heel down
- 56 Rock back Left, Recover Right
- 78 Dig Right heel forward, Slap Left toes down

S3: Paddle ¼ L x2, R Jazz Cross L

- 12 Step forward Right, twist both heels Right as you turn 1/4 turn Left (weight now on Left) (6 o clock)
- 34 Step forward Right, twist both heels Right as you turn 1/4 turn Left (weight now on Left) (3 o clock)
- 56 Cross Right over Left, Step back Left
- 78 Step Right to Right side, Cross Left over Right

S4: R Diagonal Shoop, Hitch L & Clap, L Diagonal Shoop, Hitch R & Clap

- To Right diagonal step forward Right, Step Left next to Right 12
- 34 Step forward Right, Straighten up to front wall as you hitch Left knee & clap hands
- 56 To Left diagonal step forward Left, Step Right next to Left
- 78 Step forward Left, straighten up to front wall as you hitch Right knee & clap hands

(shoop arms forward for this section)

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Wand: 4