

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Warren Fleming (AUS) - May 2005

Musik: Down 'n' Out - Jill King



Start: On Right Foot after 16 counts.

[1-4] SWIVEL RF OUT, SWIVEL LF OUT.

1-4 swing R toe to R side, swing R heel to R side, swing L toe to L side, swing L heel to L side,

[5-8] SWIVEL RF IN, SWIVEL LF IN,

5-8 swing R heel to L side, swing R toe to L side, swing L heel to R side, swing L toe to R side,

[9-12] CONGA TURN RIGHT, STOMP.

9 step RF to R side making 1/2 turn R,
10 step LF to L side making 1/2 turn R,
11-12 step RF to R side, stamp LF beside RF,

[13-16] SWIVEL LEFT (Both Feet Together)

13-16 swing both heels left, swing both toes left, swing both heels left, swing both toes left,

[17-20] CONGA TURN LEFT, STOMP.

17 step LF to L side making 1/2 turn L,
18 step RF to R side making 1/2 turn L,
19-20 step LF to L side, stamp RF beside LF,

[21-24] SWIVEL RIGHT (Both Feet Together)

21-24 swing both heels right, swing both toes right, swing both heels right, swing both toes right,

[25-28] STEP R FWD, ½ PIVOT, STEP R FWD, ½ PIVOT.

25-28 step RF fwd, making ½ pivot turn L, (finish on LF) step RF fwd, making ½ pivot turn L, (finish on LF)

[29-32] ROCKING CHAIR.

29-30 rock fwd on RF, rock back onto LF,
31-32 rock back on RF, rock fwd onto LF,

[33-36] SHUFFLE FWD RLR, STEP ½ PIVOT.

33-34 step RF fwd, step LF beside RF & step RF fwd,
35-36 step LF fwd, making ½ pivot turn R, (finish on RF)

[37-40] SHUFFLE FWD LRL, STEP ¼ PIVOT.

37-38 step LF fwd, step RF beside LF & step LF fwd,
39-40 step RF fwd, making ¼ pivot turn L, (finish on LF)

[41-44] POINT TOE TO R, HOLD, SWITCH TOE TO L, HOLD.

41-42 point right toe to R side, hold for one count,
&43-44 switch to L toe & point to L side, hold for one count,

[45-48] SWITCH TO R TOE & START MONTEREY TURN.

&45 Switch to R toe & touch R toe to R side,
&46 turn 1/2 R on ball of LF & step RF beside LF,
47-48 touch L toe to L side, step LF beside RF,

[49-52] STEP RIGHT, HOLD, CROSS LF BEHIND RF, HOLD.

49-50 step RF to R side, hold for one count,
51-52 cross LF behind RF, hold for one count,

[53-56] CONGA TURN RIGHT, TOGETHER.

53 step RF to R side making 1/2 turn R,
54 step LF to L side making 1/2 turn R,
55-56 step RF to R side, step LF beside RF,

[57-60] STEP LEFT, HOLD, CROSS RF BEHIND LF, HOLD.

57-58 step LF to L side, hold for one count,
59-60 cross RF behind LF, hold for one count,

[61-64] CONGA TURN LEFT, TOGETHER.

61 step LF to L side making 1/2 turn L,
62 step RF to R side making 1/2 turn L,
63-64 step LF to L side, step RF beside LF,

Ending

SWITCH TO R TOE & START MONTEREY TURN.

45-48 finish with ¼ turn Monterey turn to face front

*** This dance was named after my dog Milo (a red cattle dog)**

Dance Top Line: If you know the dance & the steps you can read the top lines.

Next 2 Lines: If you don't know the dance these lower case lines describe the top lines, each comer is one count, whatever is in front of that comer you do in one count, measure 1-4 has 4 counts and 4 comers in the description.

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