Not Worth Suffering

Count: 32

Ebene: Improver

Choreograf/in: Marja Urgert (NL) & Marianne van der Toorn Vrijthoff (NL) - May 2020 Musik: No Vale la Pena Sufrir - Limi-T 21

Intro: 32 Counts	
Sec 1: Side Rock & Side Rock, 1/4 Sailor Step, Step fwd, 1/2 Turn L, Step fwd	
1-2	RF. Rock to R side - LF. Recover
&3-4	RF. Step together - LF. Rock to L side - RF. Recover
5&6	LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step fwd (9:00)
7-8	RF. Step fwd - Pivot 1/2 turn L (3:00)
Sec 2: Tap R Across L (twice), Step Back, Touch L Across R (twice), Step Back, Tap R Across L, Hold, Step Back, Tap L Across R, Step Back, Tap R Across L	
1-2	RF. Tap toe across LF x2
&	RF. Step back
3-4	LF. Tap toe across RF x2
&5-6	LF. Step back - RF. Tap toe across LF - Hold
&7	RF. Step back - LF. Tap toe across RF
&8	LF. Step back - RF. Tap toe across LF
Sec 3: Cross, Side, Sailor Step, Cross, Side, 1/4 Sailor Step L	
1-2	RF. Cross over LF - LF. Step side
3&4	RF. Cross behind LF - LF. Step side - RF. Step side
5-6	LF. Cross over RF - RF. Step side
7&8	LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step side (12:00)
Sec 4: Samba Step, Cross Point, 1/4 Coaster R, Pivot 1/2 R, Together	
1&2	RF. Cross over LF - LF. Rock to L side - RF. Recover
3-4	LF. Cross over RF - RF. Point toe to R side
5&6	RF. 1/4 Turn R step back - LF. Step together - RF. Step fwd (3:00)
7&8	LF. Step fwd - Pivot 1/2 turn R - LF. Step together (9:00)
Start Again	
Tag + Restart: After the 3th wall (3:00) Hip Bumps	
1-2	RF. Step side and bump hip to R side - Bump hip to L side (weight on LF)
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