Puasa

Count: 36	**Wand:** 4	**Ebene:** High Beginner

Choreograf/in: Mei Lestari (INA) - May 2020

Musik: Puasa - Bimbo

Intro: 48 counts

I. ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD
1,2	Rock Rf forward, recover on Lf
3&4	Step Rf back, close Lf next to Rf, step Rf back
5,6	Rock Lf back, recover on Rf
7&8	Step Lf forward, close Rf next to Lf, step Lf forward

II. ½ TURN L, STEP BACK, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD
1,2	½ turn L step Rf back, step Lf back
3&4	Step Rf back, close Lf next to Rf, step Rf back
5,6	Rock Lf back, recover on Rf
7&8	Step Lf forward, close Rf next to Lf, step Lf forward

III. KICK HOOK, LOCK SHUFFLE FORWARD, STEP FORWARD, ½ TURN R, ¼ TURN R, CHASSE
1,2	Kick Rf forward, cross (hook) Rf over Lf
3&4	Step Rf forward, cross Lf behind Rf, step Rf forward
5,6	Step Lf forward, ½ turn R step on Rf
7&8	Make ¼ turn R step Lf to L, close Rf next to Lf, step Lf to L

IV. CROSS, SIDE, BEHIND, FLICK, CROSS, ¼ TURN L STEP BACK, ¼ TURN L CHASSE
1,2,3.4	Cross Rf over Lf, step Lf to L, cross Rf behind Lf, flick out on Lf
5,6	Cross Lf over Rf, ¼ turn L step Rf back
7&8	Make ¼ turn L step Lf to L, close Rf next to Lf, step Lf to L

**Restart here on Wall 3,7,11,12

V. STEP SIDE, TOUCH BESIDE 2X
1.2.3.4	Step Rf to R, touch Lf next to Rf, step Lf to L, touch Rf next to Lf

Restart on Wall 3, 7, 11, 12 after 32 counts

Have Fun….