Bluebird In My Heart

Count: 32

Dance starts with Lyrics after 16 counts

Ebene: Improver

Choreograf/in: Mark Sandland (USA) & Linda Alfonsi (USA) - May 2020

Musik: Bluebird - Miranda Lambert

Lock step,	Rock recover, Lock step, Rock recover
1&2	Step Right foot forward, step left foot behind right, step right foot forward (weight on right)
3-4	Rock forward on left foot, transfer weight back to right foot
5&6	Step Left foot forward, step right foot behind left, step forward left (weight on left)
7-8	Rock forward on right foot, transfer weight back to left foot
Shuffle ha	f turn, Shuffle half turn, Coaster Step, Step touch.
1&2	Step right foot 1/4 turn to the right, step left foot next to right foot, step right foot 1/4 to the right
	(weight on right, facing 6:00)
3&4	Step left foot into a ¼ to the right, step right foot next to left foot, step back left into ¼ turn right (weight on left facing 12:00)
5&6	Step back on right foot, step back left foot next to right (weight on left), step forward right

Step left foot to left side, touch right foot next to left (weight on left) Restart here 3rd wall (6 o'clock)

7-8

(weight on right)

Right Rock Recover Cross, Left Rock Recover Cross, Pivot 1/2 turn, Full turn,

- 1&2 Step right foot to right side, transfer weight back to left, cross right foot over left (weight on right)
- 3&4 Step left foot to left side, transfer weight back to right, cross left foot over right foot (weight on left)
- 5-6 Step right foot forward, turn a 1/2 turn to the left, transfer weight to the left foot
- 7-8 Turn a ¹/₂ turn over left shoulder by stepping back on right foot, bring left foot around to continue ¹/₂ turn over left shoulder then step forward with left foot (weight on left).

(opt 7&8& - Rocking chair)

Step touch, Step touch, Kick ball change, 1/4 turn left.

- 1-2 Step right foot to right side, touch left foot next to right (weight on right)
- 3-4 Step left foot to left side, touch right foot next to left (weight on left)
- 5&6 Kick right foot forward, step back on the ball of R foot, step left foot in place.
- 7-8 Step right foot forward, turn 1/4 left, transfer weight to left foot.

Tag: 4 counts: 3 o'clock wall 2nd time

Skate right, left, right ,left

Slide right foot diagonally forward to right side, Slide left foot diagonally forward to left side 1-2 3-4 Repeat

Last Update - 13 May 2020



Wand: 4