Can't You Hear My Heartbeat



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Cathy Dacumos (USA) & Claudio Dacumos (USA) - March 2020

Musik: Can't You Hear My Heartbeat - Herman's Hermits : (Album: Retrospective-

Remastered)



Intro: 16 counts - Starts with weight on left foot

One easy 12 count tag that happens 3 times during the dance-see below

Section 1: Right toe strut, left toe strut, rocking chair (12 o'clock)

Touch right toe forward, step right heel down
Touch left toe forward, step left heel down
Rock forward onto right foot, recover back onto left foot
Rock back onto right foot, recover forward onto left foot

Section 2: Right toe strut, left toe strut, shuffle ½ turn left, step back on left foot, drag right foot back

1-2	Touch right toe forward, step right heel down
3-4	Touch left toe forward, step left heel down
5&6	Turn ¼ left stepping right foot to side, step left foot next to right, turn ¼ left stepping right foot
	back (shuffle ½ turn left traveling back toward 12 o'clock) (6 o'clock)
7-8	Take big step back with left foot, drag right foot back toward left foot (weight remains on left)

Section 3: Rock back, recover, kick-ball-change, Monterey 1/4 turn right

1-2	Rock back onto right foot, recover forward onto left foot
3&4	Kick right foot forward, step down briefly on right foot, change weight to left foot
5-6	Point right foot out to right side, make ¼ turn right changing weight to right foot (9 o'clock)
7-8	Point left foot out to left side, bring left foot in next to right foot and change weight to left foot

Section 4: Shuffle right, rock back, recover, shuffle left, rock back, recover

1&2	Step right foot to right side, step left foot next to right foot, step right foot to right side
3-4	Rock left foot behind right foot, recover forward onto right foot
5&6	Step left foot to left side, step right foot next to left foot, step left foot to left side
7-8	Rock right foot behind left foot, recover forward onto left foot

TAG: A 12 count tag is needed at the ends of Wall 2 (facing 6 o'clock), Wall 4 (facing 12 o'clock) and Wall 7 (facing 3 o'clock)The first 8 counts of the tag is to repeat the last 8 counts of the dance (all of section 4), then add the following 4 counts: Step right foot to right side on count 1, drag left foot towards right over counts 2 and 3, step down on left foot on count 4. During these 4 counts, shimmy shoulders. Then start the dance again from the beginning.

NOTE: Each time the Tag is coming, you will hear the lyrics "Cause you're the one I love", this phrase will be repeated, this is where you repeat the last 8 counts of the dance. Then there will be a 4 count instrumental piece, this is where you do the shimmy. It happens exactly the same way all 3 times.