

Cup Mailang

Count: 48

Wand: 2

Ebene: Phrased Improver

Choreograf/in: Idawati (INA) - February 2020

Musik: Cup Mailang - Vienna Fridiana



Sequence : A – BB – CC – A – BB – CC – A – BB – CC – AA - BBBB

Intro 16 counts

A (16 Counts)

A1. CROSS STEP

- 1&2& Cross RF over LF, step ball on LF slightly behind RF, cross RF over LF, step ball on LF slightly behind RF
- 3&4 Cross RF over LF, step ball on LF behind RF, cross RF over LF
- 5&6& Cross LF over RF, step ball on RF slightly behind LF, cross LF over RF, step ball on RF slightly behind LF
- 7&8 Cross LF over RF, step ball on RF behind LF, cross LF over RF

A2. ¼ TURN R, MAMBO STEP, ¼ TURN L, SIDE MAMBO CROSS

- 1&2 Make ¼ turn R rock RF forward, recover on LF, step RF back
- 3&4 Rock LF back, recover on RF, step LF forward
- 5&6 Make ¼ turn L rock RF to R, recover on LF, cross RF over LF
- 7&8 Rock LF to L, recover on RF, close LF next to RF

B (16 Counts)

B1. SIDE, TOGETHER, FORWARD, ¼ TURN R, SIDE, TOGETHER, FORWARD, SCISSOR STEP 2X

- 1&2 Step RF to R close LF next to RF, step RF forward
- 3&4 Make ¼ turn R step LF to L, close RF next to LF, step LF forward
- 5&6 Step RF to R, close LF next to RF, cross RF over LF
- 7,8 Step LF to L, close RF next to LF, cross LF over RF

B2. CHASSE TO R, ¼ TURN R CHASSE TO L, CHUG FULL TURN TO L

- 1&2 Step RF to R, close LF next to RF, step RF to R
- 3&4 Make ¼ turn R step LF to L, close LF next to RF, step LF to L
- 5-8 Keeping LF in place make full turn to L touching RF to R (4X)

C (16 Counts)

C1. ROCKING CHAIR, SHUFFLE FORWARD, WALK FORWARD, ½ TURN L SHUFFLE

- 1&2& Rock RF forward, recover on Lf, rock RF back, recover on Lf
- 3&4 Step Rf forward, close LF next to RF, step RF forward
- 5,6 Step Lf forward, step Rf forward (get ready to turn L)
- 7&8 ½ turn L step Lf forward, close Rf next to Lf, step Lf forward

C2. MAKE ¼ TURN L CHASSE TO R, CHASSE TO L, JAZZ BOX

- 1&2 ¼ turn L step Rf to R, close Lf next to Rf, step Rf to R
- 3&4 Step Lf to L, close Rf to Lf, step Lf to L
- 5,6 Cross Rf over Lf, step Lf back
- 7,8 Step Rf to R, close Lf next to Rf

Last Update – 25 July 2020