Count: 104
Wand: 2
Ebene: Phrased Improver / Intermediate
Choreograf/in: Ursula Traffelet (CH) - July 2020
Musik: Her Life's a Song - Alan Jackson : (Album: Thirty Miles West)

## Sequence: AB TAG AB AB BA A A A Note: the 4th B starts 12 o'clock Dance Starts after 32 Counts to start with Vocal

## Part A (56 Counts) Wall 1

[1-8] 1/2 Monterey Turn 2x

| $1,2,3,4$ | Point right toe to right, make $1 / 2$ turn right bringing RF back to place weight on $R F$, point left <br> toe out to left side, Step LF next to right |
| :--- | :--- |
| $5,6,7,8$ | Point right toe to right, make $1 / 2$ turn right bringing RF back to place weight on $R F$, point left <br> toe out to left side, Step LF next to right |

[9-16] Rocking Chair, Step Lock, Step Lock Step
1-4 R Rock Fwd, rocking weight on LF, R Rock back, rocking weight on LF
$5,6,7 \& 8 \quad$ R Step Fwd, LF lock behind right, r Step Fwd, LF lock behind right, R Step Fwd
[17-24] Rock Step, $1 / 2$ Triple Turn L, Turning Toe Strutt $1 / 21 / 4$ left

| $1,2,3 \& 4$ | L Rock Fwd, replace weight on RF (starting for $1 / 2$ Turn I), $1 / 2$ Turn L stepping LF Fwd, close |
| :--- | :--- |
| $5,6,7,8$ | RF besides left (\&) LF Step Fwd (6 o'clock) <br> $1 / 2$ <br> side, Lurn left touch right Toe back, RF Step down (12 o'clock), $1 / 4$ Turn left touch left Toe to |
|  |  |

[25-32] RF Rock Step, $1 / 2$ Triple Turn R, Step Turn $1 / 4$ right, Cross Shuffle right

| $1,2,3 \& 4$ | R Rock Fwd, replace weight on LF (starting for $1 / 2$ Turn $r$ ), $1 / 2$ Turn $r$ stepping RF Fwd, close <br> LF besides right (\&) RF Step Fwd (3 o'clock) |
| :--- | :--- |
| $5,6,7 \& 8$ | L Step Fwd, make $1 / 4$ turn to right stepping onto RF, LF cross over right, RF Step to right <br> side, LF cross over right |

[33-40] R Rumba Box side
1,2,3,4 RF Step to right side, close LF to RF (weight on LF), RF Step back, LF Touch to right,
$5,6,7,8 \quad$ LF Step to left side, close RF to LF (weight on RF), LF Step Fwd, RF Brush (starting for $1 / 2$ Turn I)
[41-48] $1 / 2$ Triple Turn L, Back Rock, Triple Turn R, L Coaster Step
1 \& $2 \quad 1 / 2$ Turn L stepping RF Bwd, close LF besides left (\&) RF Step Bwd
$3,4,5 \& 6$ LF Rock Bwd, replace weight on RF (starting $1 / 2$ Turn r), $1 / 2$ Turn R stepping LF Bwd, close RF beside left (\&) RF Step Bwd
7 \& $8 \quad$ RF Step back, LF Step next to right (\&) RF Step Fwd (weight on right)
[49-56] L Fwd Rock, Side Rock, Back Rock, Together, Hold
1,2,3,4 LF Rock Fwd, replace weight on RF, L Rock side, replace weight on RF
$5,6,7,8 \quad$ LF Rock Bwd, replace weight on RF, L together, Hold

Part B (48 counts) Wall 2
[1-8] Rocking Chair with Hitch, R Step Out, L Knee in, R Knee in, L Knee in, R Knee in (Elvis Knees)
$1,2,3,4 \quad$ RF Touch Fwd, rocking weight on LF and Hitch R, RF Touch back, rocking weight on LF and Hitch R
5,6, $\quad$ RF Step right to right side turn left Knee in, change weight on LF turn right Knee in
$7,8 \quad$ Change weight on RF turn left Knee in, change weight on LF turn right Knee in weight on LF
[9-16] Right Grapevine Touch, Rolling Vine Left (Alternative: Grapevine right and left)

1,2,3,4 RF Step to right side, LF cross behind right, RF Step to right side, touch LF next to right
$5,6,7,8 \quad$ LF Step $1 / 4$ turn left, make $1 / 2$ turn left RF stepping back, $1 / 4$ turn left LF stepping to left side, Touch right in place
[17-24] Heel Switch, Toe Strutt RL,
$1 \& 2$ \& Touch right heel Fwd, RF Step to place, touch left heel Fwd, LF Step left in place,
3 \& 4 \& Touch right heel Fwd, RF Step to place, touch left heel Fwd, LF Step left in place,
$5,6,7,8 \quad$ RF touch Toe, RF Step down, LF touch Toe, LF Step down
[25-32] V Step, Paddle Turn (with Hip Sway)
1,2,3,4 Step RF diagonal Fwd, Step LF diagonal Fwd, Step R back to centre, Step L beside R
$5,6,7,8 \quad$ RF pushing Step Fwd, Hold, use to push off into a $1 / 4$ turn left, Hold weight LF
[33-40] V Step, Paddle Turn (with Hip Sway)
1,2,3,4 Step RF diagonal Fwd, Step LF diagonal Fwd, Step R back to centre, Step L beside R
$5,6,7,8 \quad$ RF pushing Step Fwd, Hold, use to push off into a $1 / 4$ turn left, Hold weight LF
[41-48] R Fwd Rock, Side Rock, Back Rock, Together
1,2,3,4 $\quad$ R Rock Fwd, replace weight on LF, R Rock side, replace weight on LF
$5,6,7,8 \quad R$ Rock Bwd, replace weight on LF, R together Stump, LF Step beside weight LF
*Tag After the first A + B - 16 Counts (12:00)
V Step R,L, R,L, Step Hold, $1 / 2$ Turn left Hold, V Step R,L, R,L, Step Hold, $1 / 2$ Turn left Hold,
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