Beautiful Life

Count: 64

Ebene: Easy Intermediate

Choreograf/in: Joshua Talbot (AUS) - September 2020

Musik: Beautiful Life - Ace of Base : (Album: The Bridge - Remastered)



Section 1: STOMP, STOMP, HOLD, BALL STEP, CROSS ROCK, ¼ SHUFFLE FWD

- 1, 2, 3 Stomp R fwd, stomp L to L side, hold
- &4 Step R together, step L to L
- 5,6 Cross rock R over L, recover weight L
- 7&8 1/4 R step R fwd, step L together, step R fwd

(Turning option: Replace the ¼ shuffle fwd with a 1½ triple turn. Doing triple turn will include count 1 in section 2)

Section 2: ¼ STOMP, KICK, BEHIND, SIDE, CROSS, STOMP KICK, BEHIND, SIDE, CROSS

- 1, 2 1/4 R stomp L to L, kick R to R side
- 3&4 Step R behind L, step L to L, step R over L
- 5,6 Stomp L to L, kick R to R side
- 7&8 Step R behind L, step L to L, step R over L

Section 3: SIDE ROCK, CROSS SHUFFLE, 1/2 L, CROSS SHUFFLE

- 1, 2 Rock L to L, recover weight R
- 3&4 Cross L over R, step R to R, cross L over R
- 5.6 1/4 L step R back, 1/4 L step L to L
- 7&8 Cross R over L, step L to L, cross R over L

Section 4: SIDE ROCK, L SAILOR, R SAILOR, L ¼ SAILOR

- 1, 2 Rock L to L, recover weight R
- 3&4 Step L behind R, step R to R, step L to L
- Step R behind L, step L to L, step R to R 5&6
- ** Step L behind R, step R to R, 1/4 L step L fwd** 7&8

Section 5: STEP, SCUFF, STEP, SCUFF, FWD ROCK, ½ SHUFFLE

- 1, 2 Step R fwd, scuff L next to R
- 3, 4 Step L fwd, scuff R next to L
- 5,6 Rock R fwd, recover weight L
- 7&8 1/2 R step R fwd, step L together, step R fwd
- (Turning option: Replace the $\frac{1}{2}$ shuffle with a 1 $\frac{1}{2}$ triple turn)

Section 6: STOMP, STOMP, HOLD, BALL STEP, FWD ROCK, COASTER

- 1, 2, 3 Stomp L fwd, stomp R fwd, hold
- &4 Step L together, step R fwd
- 5,6 Rock L fwd, recover weight R
- * Step L back, step R together, step L fwd* 7&8

Section 7: STEP, SCUFF, STEP, SCUFF, FWD ROCK, ½ SHUFFLE

- 1, 2 Step R fwd, scuff L next to R
- 3, 4 Step L fwd, scuff R next to L
- 5,6 Rock R fwd, recover weight L
- 1/2 R step R fwd, step L together, step R fwd 7&8
- (Turning option: Replace the $\frac{1}{2}$ shuffle with a 1 $\frac{1}{2}$ triple turn)





Wand: 4

Section 8: STOMP, STOMP, HOLD, BALL STEP, FWD ROCK, COASTER

- 1, 2, 3 Stomp L fwd, stomp R fwd, hold
- &4 Step L together, step R fwd
- 5, 6 Rock L fwd, recover weight R
- 7&8 Step L back, step R together, step L fwd
- [64]

Restarts:

*On wall 2 dance to count 48 (end of section 6) restart to front wall

**On wall 3 & 5 dance to count 32 (end of section 4) restart to 9 & 3 o'clock

Finish: Replace the last coaster with a L ½ shuffle

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