

August Rush

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Taylor McEanley (IRE) - May 2010

Musik: La Bamba - Leon Thomas III : (Album: August Rush OS)



#48 counts intro. Cuban styling

#1: WALK X2, MAMBO, BACK X2, LOCK, BACK, BACK ROCK, RECOVER, 1/2 TURN L, BACK

- 1-2 Walk R, Walk L
- 3&4 Rock R forward, Recover onto L, Step back on R
- 5&6 Step back on L, Cross R over L, Step back on L
- 7&8 Rock back on R, Recover onto L, 1/2 turn L stepping back on R 6:00

#2: BACK ROCK, RECOVER, CHASSE L TO SIDE, CROSS, TOUCH L, TOUCH TOG, TOUCH L, SAILOR STEP TURNING 3/4 TURN L

- 1-2 Rock back on L, Recover onto R
- 3&4 Chasse left to side
- 5&6 Cross R over L, Touch L to side, Touch L next to R, Touch L to side
- 7&8 1/4 turn L... Cross L behind R, 1/4 turn L... Step R to side, 1/4 turn L... Cross L over R 9:00

#3: BALL, CROSS, SWEEP, CROSSING SHUFFLE, SWAY L, SWAY R, CHASSE L

- 1-2 Ball of R to side, Cross L over R, Sweep R from back to front
- 3&4 Cross R over L, Step L to side, Cross R over L
- 5-6 Step L to side swaying L, Sway R
- 7&8 Chasse L to side

#4: CROSS, UNWIND 3/4 TURN L, MAMBO BACK, CROSS MAMBO, SIDE, CROSS MAMBO, 1/4 TURN L, FORWARD

- 1-2 Cross R over L, Unwind 3/4 turn L (weight on R) 12:00
- 3&4 Rock back on L, Recover onto R, Step L forward
- 5&6 Cross/Rock R forward, Recover onto L, Step R to side
- 7&8 Cross/Rock L forward, Recover onto R, 1/4 turn L... Step L forward 9:00

#5: RUMBA BOX X2

- 1-2&3 Step R forward, Step L to side, Step R next to L, Step back on L
- 4&5 Step R to side, Step L next to R, Step back on R
- 6&7 Step L to side, Step R next to L, Step L forward
- 8& Step R to side, Step L next to R

NOTE: When you do the Rumba Box, dance it as if you were doing an "8".

:) Start Again Smilin' :)