## L D R (Long Distance Relationship)

Count: 48
Wand: 2
Ebene: Improver
Choreograf/in: Anna Desiyanti (INA) - October 2020
Musik: Bacio A Distanza - Giulia Penna


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Intro of the music before the dance is 16 counts. <br> *1 Restart on Wall 5 <br> *1 Tag on Wall 5, after 30 Counts <br> | SESSION 1: *[1-8] : Side Step, Closed Step, Kick Ball Cross, Side Rock, Recover, Cross Shuffle* |  |
| :---: | :---: |
| 1,2 | R Step to the right(1), L Step closed to R(2) |
| 3,\&,4 | R Kick the front, weight on L(3), R With ball, step next to L(\&), L Step cross over R(4) |
| 5,6 | $R$ Step rock side (5), Recover on $L(6)$ |
| 7,\&,8 | R Step cross over L(7), L Slightly step to the left(\&), R Step cross over L(8) | <br> SESSION 2: *[9-16]: Side Rock With Sway, Recover, Step Back Turn, Samba Whisk* <br> 1,2 L Step rock side(1), With sway, recover on $R(2)$ <br> 3,\&,4 Facing 09:00, L squaring step forward(3), 1/2 Turn facing 03:00, R step backward(\&), L Step backward next to $R(4)$ <br> $5, a, 6 \quad$ Facing 03:00, $R$ Step to the right(5), L Step cross behind $R(a), R$ Step in place(6) <br> 7,a,8 L Step to the left(7), $R$ step cross behind $L(a), L$ Step in place(8)

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SESSION 3: *[17-24]: Cross Rock, Recover, Step Cross, Hitch, Sway*

| 1,\&,2,\& | R Rock cross over L(1), Recover on L(\&), R Step rock side(2), Recover on L(\&) |
| :---: | :---: |
| 3,\&,4 | $R$ Step cross over L(3), L Make a hitch, weight on $R(\&)$, L Step cross over $R(4)$ |
| 5,\&,6 | $R$ Step side as sway to the right(5), $L$ In place as sway to the left(\&), $R$ In place as sway to the right(6) |
| 7,\&,8 | L Step in place as sway to the left(7), $R$ In place as sway to the right(\&), $L \ln$ place as sway to the left(8) |


| SESSION 4: *[25-32]: Rock Forward, Recover, Step Lock Step Backward, Pivot Turn* |  |
| :---: | :---: |
| 1,2 | R Step rock forward(1), Recover on L(2) |
| 3,\&,4 | R Step backward(3), L Step backward locked R(\&), R Slightly step backward |
| 5,\&,6 | L Step backward(5), R Step backward locked L(\&), L Slightly step backward(6) |
| *HERE IS RESTART AND TAG ON WALL 5* |  |
| -TAG: |  |
| *1,\&,2 : R Step forward(1), 1/4 Turn facing 12:00 L step in place(\&), R Touch next to L(2) |  |
| *And t | Restart from the beginning. |
| 7,\&,8 | R Step forward(7), 1/2 Turn facing 09:00 L Step forward(\&), R Step next to L(8) |

SESSION 5: *[33-40]: Cross Samba, Jazz Box*
1,a,2 $\quad L$ Step cross over $R(1), R$ Step to the right(a), $L$ Step in place(2)
3,a,4 $\quad R$ Step cross over $L(3), L$ Step to the left(a), $R$ Step in place
5,6 $\quad L$ Step cross over $R(5), R$ Step back behind $L(6)$
7,8 1/4 Turn facing 06:00, L step beside R(7), R Step forward(8)
SESSION 6: *[41-48]: Cross Shuffle, Mambo Side Shimmy Shimmy*
1,2,\& L Step cross over R(1), Hold L cross over R(2) R Slightly step to the right(\&)
$3, \&, 4 \quad L$ Step cross over $R(3), R$ Slightly step to the right( $\&), L$ Step cross over $R(4)$
$5, \&, 6 \quad R$ Step cross over L(5), L Slightly step to the left(\&), R Step cross over L(6)
$7, \&, 8 \quad$ With shimmy, $L$ step rock side(7), With shimmy , recover on $R(\&)$, $L$ Step next to $R(8)$

Enjoy The Dance.....
Contact email : ikadwi.bram@gmail.com

