No More

Count: 64	Wand: 2	Ebene: High Intermediate

Choreograf/in: Maria Tao (USA) - October 2020
Musik: Marty Robbins Medley - Mick Foster & Tony Allen

Intro: 8 counts
Sequence: 8 (Intro steps); 64; 64; 16 (Restart 1); 64; 32 (Restart 2); 64; 64; 64; 6

INTRO STEPS: After 8 counts of music, dance these steps once at the beginning of the 1st wall
1-4	Step L forward, hold, step R to R, step L next to R
5-8	Step R back, hold, step L to L, step R next to L

MAIN DANCE
[S1] SIDE, HOLD, BACK, CROSS, 1/4 TURN L, 1/4 TURN L & HITCH, SIDE, CROSS
1-4	Step L to L, hold, step R back, cross L over R
5-8	1/4 turn L stepping R back, 1/4 turn L hitching L, step L to L, cross R over L [6:00]

[S2] 1/4 TURN L, SWEEP, CROSS, SIDE, BEHIND, SWEEP, 1/4 TURN L ROCK BACK, RECOVER
1-4	1/4 turn L stepping L forward, sweep right around, cross R over L, step L to L [3:00]
5-8	Step R behind L, sweep L around making 1/4 turn L, rock R back, recover onto L crossing R over L [12:00] ***R(1)

[S3] SIDE, HOLD, BACK, CROSS, 1/4 TURN R, 1/2 TURN R & HITCH, BACK, BACK
1-4	Step L to L, hold, step R back, cross L over R
5-8	1/4 turn R stepping R forward, 1/2 turn R on ball of R & hitch L, step L back, step R back [9:00]

[S4] BACK, SWEEP, BEHIND, SIDE, CROSS, 1/4 TURN R & HITCH, RUN FWD (L & R)
1-4	Step L back, sweep R around, step R behind L, step L to L
5-8	Cross R over L, 1/4 turn R hitching L slightly up, run L forward, run R forward [12:00] ***R(2)

[S5] STEP FWD, SWEEP, CROSS, BACK, SIDE, HOLD, BACK ROCK, RECOVER
1-4	Step L forward, sweep R around, cross R over left, step L back
5-8	Step R to R, hold, rock L back, recover onto R

[S6] 1/4 TURN L STEP FWD, SWEEP, CROSS, BACK, SIDE, HOLD, BACK ROCK, RECOVER
1-4	1/4 turn L stepping L forward, sweep R around, cross R over L, step L back [9:00]
5-8	Step R to R, hold, rock L back, recover onto R

[S7] STEP FWD, PIVOT 1/2 TURN R & POINT, WALK 1/2 ARC TURN R, SWEEP, CROSS, SIDE
1-2	Step L forward, pivot 1/2 turn R pointing R forward (weight stays on L) [3:00]
3-6	Walk R forward, 1/4 turn R walking L forward, 1/4 turn R walking R forward, sweep L around
7-8	Cross L over right, step R to R [9:00]

[S8] BACK, SWEEP, 1/2 TURN R SAILOR STEP, HOLD, 1/4 TURN R BALL STEP, CROSS
1-4	Step L back, sweep R around, 1/2 turn R stepping R behind L, step L to L [3:00]
5-8	Step R forward, hold, 1/4 turn R stepping ball of L to L (slightly back), cross R over L [6:00]

START AGAIN!

*** RESTARTS: --
(1) After 16 counts on WALL 3 facing 12:00
(2) After 32 counts on WALL 5 facing 6:00