Talkin Bout Lit

Count: 32

Ebene: Intermediate

Choreograf/in: Peter Davenport (ES) - November 2020

Musik: Lit - Trace Adkins

Start On Lyrics, Aprox 20 Seconds Track Length 3.30

S1: Heel Switches, Heel Hook Step, Touch Twist Both Heels, Coaster Step

- 1&2& Touch R heel forward (1) Bring R to L (&) Touch L heel forward (2) Bring L to R (&) 12
- 3&4 Touch R heel forward (3) Hook R foot up under L shin (&) Step forward R (4) 12
- Touch L toe forward (5) Ball of L, twist both heels L (&) Twist heels R (6) (weight on R) 12 5&6
- 7&8 Step L back (7) Bring R to L (6) Step L forward (8) 12
- *Restart Wall 2 & Wall 5

S2: Syncopated Rock Step, Behind Side Cross, Side Rock, Sailor 1/4 L

- 1&2& Cross rock R over L (1) Recover weight on L (&) Rock R out to R (2) Recover weight on L (&)
- 3&4 Cross R behind L (3) Step L to L (&) Cross R over L (4) 12
- 5.6 Rock L out to L (5) Recover weight on R (6) 12
- 7&8 Sailor 1/4 L (come forward on L) 9

S3: Rock Replace, Coaster Step, Rock Replace, Shuffle 1/2 L

- Rock forward R (1) Recover weight on L (2) 9 1.2
- 3&4 Step R back (3) Bring L to R (&) Step R forward (4) 9
- 5.6 Rock forward L (5) Recover weight on R (6) 9
- 7&8 Shuffle 1/2 L L.R.L 3

S4: Walk Forward R.L, Chases 1/2 L Touch, Walk Forward R.L, Kick Ball Step

- 1.2 Walk forward R (1) Walk forward L (2) (alternative steps full turn) 3
- 3&4 Step forward R (3) Pivot 1/2 L (&) Touch R toe to L (4) (weight on L) 9
- 5.6 Walk Forward R (5) Walk forward L (6) 9
- 7&8 Kick R forward (7) Bring R to L (&) Step L forward (8) (weight on L) 9

*Restart Wall 2 & Wall 5

Dance up to and including counts 7&8 on section 1, restart the dance please.

Choreographers Note:-

Try get the class to Clap along with the music prior to start of the dance, it is in there, just listen.

Contact: peterdavenport1927@gmail.com





Wand: 4