

# Short Shorts

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Adia Nuno (USA) & Russ Bradchulis (USA) - November 2020

Musik: Roll 'em Up (feat. Jack & Jack) - Alli Simpson



**Note: Begin after 16 counts, 1 Restart**

## **SECTION 1 (1-8) SYNCOPATED WEAVE—SWIVEL HEELS—STEP TOUCH—COASTER STEP**

- 1-2 (1) Cross L over R (2) Step R foot to R side  
3&4 (3) Cross L behind R (&) Step R foot to R side (4) Step L foot in front of R  
&5-6& (&) Both heels swivel to L side (5) Return to 4th position, weight on R foot (6) Step L foot back (&) Touch R toe forward  
7&8 (7) R foot step back (&) Close L foot to R foot (8) Step R foot forward

## **SECTION 2 (9-16) HEEL BOUNCE—SIDE ROCK RECOVER—BEHIND SIDE FRONT —SCUFF—ROCK—KICK —STEP BACK LOCK STEP**

- &1 (&) Lift Heels then bring them down on &/count while making  $\frac{1}{4}$  turn over L shoulder to face 9:00 (1) Lift Heels then bring them down on &/count while making  $\frac{1}{4}$  turn over L shoulder  
2& (2) Step L foot to L side (&) Recover weight on R  
3&4& (3) Step L foot behind R (&) Step R foot to R side (4) Step L foot forward (&) Scuff R heel Forward  
5-6 (5) Land on R foot, taking weight (slight rock forward) (6) Pushing off R foot, kick R foot  
7&8 (7) Step R foot back (&) Lock L over R (8) Step R foot back

**\*\*RESTART on wall 2 after 16 counts facing 9:00 (bring L foot near R on 16& count, then cross L over R for restart)**

## **SECTION 3 (17-24) STEP BACK—HEAD LOOK—HIT HIPS—BODY ROLL—PADDLE TURNS—WALKx3—SCUFF**

- &1 (&) L foot step back in line with R (1) R foot step in place, legs shoulder width apart  
&2 (&) Head looks to R (2) Head returns front  
&3 (&) R hand hits front of R hip (3) L hand hits front of L hip  
&4 (&) Both hands snap out to R and L side, both elbows come into sides (4) Body roll  
5&6& (5) Step R foot forward and make  $\frac{1}{4}$  turn over L shoulder to face 3:00, hips go to R (&) Recover weight onto L foot and hips go L (6) Step R foot forward and make  $\frac{1}{4}$  turn over L shoulder to face 12:00, hips go to R (&) Recover weight onto L foot and hips go L  
7&8& (7) Walk forward R (&) Walk forward L (8) Walk forward R (&) Scuff L heel forward

## **SECTION 4 (25-32) FRONT ROCK—SIDE ROCK—BEHIND SIDE CROSS—FRONT ROCK—SIDE ROCK—BEHIND SIDE-- $\frac{1}{4}$ TURN STEP**

- 1&2& (1) Step L foot forward taking weight (&) Recover weight to R foot (2) Step L foot to L side taking weight (&) Recover weight to R foot  
3&4& (3) Step L behind R (&) R foot to R side (4) Cross L foot over R (&) Scuff R foot forward  
5&6& (5) Step R foot forward taking weight (&) Recover weight on L (6) Step R foot to R side taking weight (&) Recover weight on L  
7&8 (7) Cross R behind L (&) Step L foot to L side (8) Making  $\frac{1}{4}$  turn over L shoulder, step R foot forward to face 9:00

## **SECTION 5 (33-40) ROCKING CHAIR— $\frac{1}{2}$ PIVOT STEP—ROCKING CHAIR— $\frac{1}{2}$ PIVOT $\frac{1}{4}$ SIDE STEP**

- 1&2& (1) Step L foot forward (&) Recover weight on R (2) Step L foot back (&) Recover weight on R  
3&4 (3) Step L foot forward (&) Pivot  $\frac{1}{2}$  over R shoulder, R foot takes weight (4) L foot steps Forward  
5&6& (5) Step R foot forward (&) Recover weight on L (6) Step R foot back (&) Recover weight L

7&8 (7) Step R foot forward (&)  $\frac{1}{2}$  pivot over L shoulder, L foot taking weight (8)  $\frac{1}{4}$  turn over L shoulder to 6:00, Step R foot to R side, taking weight

**SECTION 6 (41-48) WEAVE—ROCK RECOVER  $\frac{1}{4}$  STEP—BOX—SWIVEL HEEL TOE**

1&2 (1) Cross L foot behind R (&) R foot R side (2) Cross L over R

3&4 (3) Step R foot to R side, taking weight (&) Recover weight on L shoot making a  $\frac{1}{4}$  turn over L shoulder to face 3:00 (4) Step R foot forward

5-6& (5) Cross L over R (6) Step R foot back (&) Step L foot to L side

7&8& (7) Touch R foot next to L (&) Step R foot to R side (8) Close L foot to R foot while swivelling heels towards R, toes facing 2:00 (&) Swivel toes to R, to face 4:00

Thank you and enjoy!

For further questions or clarification please contact Adia at [coachanuno16@yahoo.com](mailto:coachanuno16@yahoo.com) or Russ Bradchulis [RussB@kw.com](mailto:RussB@kw.com)

---