# Instagram

**Count: 32** 

Ebene: Beginner / Improver (Samba style)



#### No Tag No Restart

#### #1. Samba Whisk L R, Samba Walk Forward - Backward

- 1 a2Step L side, Rock R behind, Recover on L3 a4Step R side, Rock L behind, Recover on R
- 5 a6 Step L forward, Rock R ball together, Recover on L
- 7 a8 Step R forward, Rock L ball together, Recover on R

#### #2. Volta , Botafogo R L, Back Botafogo

- 1 a2 Turn 1/4 left Cross L over, step R side, Cross L over [9]
- 3 a4 Turn 1/4 right Cross R over, Rock L side, Recover on R [12]

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- 5 a6 Cross L over, Rock R side, Recover on L
- 7 a8 Step R behind, Rock L side, Recover on R

#### #3. Stationary Samba walk L R, Samba Box Turn

- 1 a2 Close L together, Rock R back, Recover on L
- 3 a4 Close R together, Rock L back, Recover on R
- 5 a6 Cross L over, step R side, Step L behind and sweep R out
- 7 a8 Turn 1/4 left Step R behind, Step L side, Step R forward [9]

#### #4. Side, Together, Touch, Slow Batucada L R, Quick Batucada LR

- 1 a2 Step L side, close R together, touch L toe infront
- 3&a4 press L inplace, roll hips out, recover on R, Step L back and touch R toe slighty forward
- 5&a6 press R inplace, roll hips out, recover on L, Step R back and touch L toe slighty forward
- &a7 press L inplace and roll hips out, recover on R, Step L back and touch R toe slighty forward
- &a8 press R inplace and roll hips out, recover on L, Step R back and touch L toe slighty forward

## Enjoy the Dance!

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