# One Night At A Time

Ebene: Newcomer

**Count: 32** Choreograf/in: Angela Bartsch (DE) - January 2021 Musik: One Night At a Time - George Strait

Tag on Wall 9 after 27 Counts the Step Change with the music L/R /L/ R Sway or you stand still 4 Counts and start again

Intro: 32 Counts

### [1 - 8] RF Basic Cha Cha, RF Backrock, RF Lockstep forward

- RF Step to the Side, LF Rockstep 1, 2, 3
- 4&5 LF Chasse
- 6,7 **RF Backrock**
- 8 & RF Lockstep forward (RF forward, LF Cross behind)

#### [9 - 16] RF Step forward, L/R Sway, LF Step cross behind, RF ¼ turn right, RF Step forward with a ½ Turn over the left shoulder, RF Lockstep forward

- RF Step forward, L/R Sway 1, 2, 3
- 4 & 5 LF Cross behind, RF ¼ turn right, LF Step forward
- 6, 7 RF Step forward, 1/2 turn left
- RF Lockstep forward 8 &

#### [17 - 24] RF Step forward, LF Step forward, RF Step forward , LF Rockstep 1/4 turn left, RF Cross over LF, LF Point, LF Sailorstep

- 1, 2, 3 RF Step forward, L/R Step forward
- 4 & 5 LF Rockstep 1/4 turn left Side
- RF Cross over LF, LF Point side 6,7
- 8& LF Step back, RF Step side

## [25 - 32] LF Step side, R /L Sway on place, RF Chasse 1/4 turn right, LF Step 3/4 turn, LF Step Side

- 1, 2, 3 LF Step side, R /L Sway on Place
- Tag On Wall 9 (L /R /L /R Sway with the music or you stand still 4 Counts and start again from the Top)
- 4 & 5 RF Chasse 1/4 turn right
- 6,7 LF Step <sup>3</sup>/<sub>4</sub> turn
- LF Step side, RF drag to the LF with a touch 8 &





Wand: 2