Happy Does (Stretchy Pants)

Ebene: Beginner



Alt. song: Stretchy Pants by Carrie Underwood (no tag, but restart on walls 4 & 9 after first 16 counts. Both times facing 3:00)

Intro 16 counts - (counter clockwise) (Read: R=right foot, L=left foot, fwd= forward)

DIAGONAL STEP TOUCHES FORWARD AND BACK

1-2-3-4 Step R diagonally fwd, Touch L next to R, Step L diagonally fwd, Touch R next to L 5-6-7-8 Step R diagonally back, Touch L next to R, Step L diagonally back, Touch R next to L Option: Every time you "touch", you can also clap your hands. On wall 7 add tag, then restart!

LINDY RIGHT, LINDY LEFT

- 1&2 Step R to right, Step L next to R, Step R to right
- 3-4 Rock L behind R, Recover to R
- 5&6 Step L to left, Step R next to L, Step L to left
- 7-8 Rock R behind L, Recover to L

WEAVE, 1/4 PIVOT, WALK/STOMPS

- Step R to right, Step L behind R, Step R to right, Cross L over R 1-2-3-4
- 5-6 Step R to right, 1/4 Turn left stepping L fwd
- 7-8 Step R fwd, Step L fwd

Option: Counts 7-8 (walk) may be done as stomps.

ROCK/RECOVER, SHUFFLE BACK, ROCK/RECOVER, SHUFFLE FORWARD

- Rock R fwd, Recover to L 1-2
- 3&4 Step R back, Step L next to R, Step R back
- 5-6 Rock L back, Recover to R
- Step L fwd, Step R next to L, Step L fwd 7&8

REPEAT

Tag On wall 7 after first 8 counts (6:00) **HIP BUMPS** 1-2-3-4 Bump hips right, left, right, left

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Wand: 4