

Baby Rock My Life

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner / Improver

Choreograf/in: Claudia Arndt (DE) - April 2021

Musik: Rock My Life - Jeanette Biedermann



Start: The dance begins with the singing.

Section 1 - Touch Forward R, Touch Side R, Coaster Step, Touch Forward L, Touch Side L, Coaster Step,

1-2 Touch RF at the front, Touch RF sideways on the right side,

3&4 RF step back - step LF beside RF - RF step forward,

5-6 Touch LF at the front, Touch LF sideways on the left side,

7&8 LF step back - step RF beside LF - LF step forward,

Tag: Wall 9 after 8 counts (6 o'clock)

Restart : Wall 12 after 4 Counts

Section 2 - 4 x Walk R/L/R/L ,Together , 2 x Jump Rock Back, Stomp R/L,

1-2 RF step forward, LF step forward,

3&4 RF step forward, LF step forward, set RF next to the LF,

5&6 RF with a small jump to the back, LF slightly lift and set off, RF next to the LF stomping,

7&8 LF with a small jump to the back, RF slightly lift and set off, LF next to the RF stomping,

Tag: Wall 2, 4, 6 after 4 counts. (6 o'clock)

Section 3 - Side Touch R, Together, Side Touch R, Behind-Side-Cross, Side Touch L, Together, Side Touch L, Behind-Side-Cross

1&2 RF touch sideways to the right, Touch RF beside LF, RF touch sideways to the right,

3&4 RF cross behind LF, Step left with LF, RF in front of LF cross,

5&6 LF touch sideways to the left, Touch LF beside RF, LF touch sideways to the left,

7&8 LF cross behind RF, Step left with RF, LF in front RF cross,

Section 4 - Step Side R, Touch Behind, Step Side L, Touch Behind, Side Step R, ¼ Turn L, ½ Turn L, Together,

1-2 RF step to the right, Touch LF behind RF,

3-4 LF step to the left, Touch RF behind LF,

5-6 RF to the right, ¼ Turn left, LF step to the left (9 o'clock)

7-8 ½ Turn to the left, set RF to the right, LF next to RF (3 o'clock)

Tag: Wall 10 after 4 counts (6 clock)

The dance starts all over again.

Tag: Step Forward, Hold, Slow ½ Turn L

1-2 RF step forward, hold (12 o'clock)

3-4 Slowly a 1/2 turn to the left, on both bales (6 o'clock)

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