Bersyukurlah

Count: 32

Ebene: High Beginner

Choreograf/in: Diba Munaf (INA) - April 2021 Musik: Bersyukurlah - Elfa's Singers

Intro: 20 count

(1-8) SYNCOPATED CROSS ROCK 2X

- Cross Rock RF over LF, Recover onto LF, Rock RF back diagonal R, Recover onto LF 1&2&
- 3&4 Cross Rock RF over LF, Recover onto LF, Step RF to R
- 5&6& Cross Rock LF over RF, Recover onto RF, Rock LF back diagonal L, Recover onto RF
- 7&8 Cross Rock LF over RF, Recover onto RF, Step LF to L

(9-16) BOTAFOGO 2X, JAZZ BOX 1/4 R

- Cross RF Over LF, Rock L ball to L, Recover onto RF 1&2
- 3&4 Cross LF Over RF, Rock R ball to R, Recover onto LF
- 5678 Cross RF over LF, Step LF back, Turn 1/4 R Stepping RF to R, Step LF fwd

(17-24) VOLTAS

- Cross RF over LF, Step LF to L, Cross RF over LF, Step LF to L, 1 & 2 &
- 3&4 Cross RF over LF, Step LF to L, Cross RF over LF
- 5&6& Cross LF over RF, Step RF to R, Cross LF over RF, Step RF to R,
- Cross LF over RF, Step RF to R, Cross LF over RF 7 & 8

(25-32) WALK 2X, FWD MAMBO, BACK TOUCH, TURN 1/2, WALK 2X

- 123&4 Walk fwd RL, Rock RF fwd, Recover onto LF, Step RF back
- 5678 Touch LF back, Turn 1/2 L weight on LF, Walk fwd RL

Restart : On wall 3 do only 16 count then restart from beginning

Happy dancing!

Contact dibamunaf@gmail.com





Wand: 4