Got It From My Mama

Count: 48

Ebene: Intermediate

Choreograf/in: Michelle Wright (USA) - May 2021

Musik: Got It from My Mama - Honey County

This dance is in honor of my amazing Mom who passed away in 2009 after a long battle with breast cancer and dedicated to all the other amazing Moms out there. Restart after 12 counts (back shuffle) on wall 2 (3 oclock) Section 1: Point R out in out, weave, L step ¼ pivot, ½ turn,¼ turn, L cross 1&2 Point R to R side, Touch R next to L, Point R to R 3&4 Cross R behind L, Step L to L side, cross R over L 5.6 step L forward, ¼ pivot R weight on R (3 oclock) 7&8 1/2 turn R stepping back L, 1/4 turn R stepping R to R side, Cross L over R (12 oclock) Section 2: R side slide w /L drag, L hitch, L Back shuffle, R back rock recover, R step 1/2 pivot, R 1/4 point 1.2 R side slide and drag L toe to R, hitch L knee 3&4 Step L back, Step R next to L, Step L back *Restart here on wall 2* 5,6 Step R back, Recover on L 7&8 Step R forward, ¹/₂ turn L putting weight on L, keep weight on L turn ¹/₄ L pointing R to R side (3 oclock) Section 3: R sailor step, Skate L, Skate R, L Forward mambo with R back drag, Back R & L with sweeps 1&2 Step R behind L, Step L to L side, Step R to R side 3.4 Step L to L diagonal, Step R to R diagonal 5&6 Step forward L, Recover on R, Big L step back while dragging R foot back to L 7,8 Step back R, sweep L from front to back, Step back L, sweep R foot from front to back (3 oclock) Section 4: Weave, sway L, sway R, L Cross Rock, recover, L 1/4 forward shuffle 1&2 Cross R behind L, Step L to L side, Cross R over L 3,4 Step L to L side as you sway hips L, sway hips R 5.6 Cross L over R. Recover on R 7&8 1/2 turn L stepping L to L side, 1/2 turn L stepping R next to L, Step forward L (12 oclock) Section 5: Heel switches, R Step 1/2 pivot, heel switches, R 1/4 pivot 1&2& Touch R heel forward, step R next to L, touch L heel forward, step L next to R 3.4 Step R forward, make a ¹/₂ pivot over L shoulder weight on L (6 oclock) 5&6& Touch R heel forward, step R next to L, touch L heel forward, step L next to R 7.8 Step forward R, 1/4 pivot over L weight on L (3 oclock) Section 6: R Cross side sailor step, L Cross, R ¼ back, 1/4 forward L shuffle 1,2 Cross R over L, Step L to L side 3&4 Cross R behind L, Step L to L side, Step R to R side 5.6 Cross L over R, Step back R making a ¼ turn L * styling lift L foot to R ankle as you make ¼ turn (12 oclock) 7&8 1/8 turn L stepping L to L side, Step R next to L, 1/8 turn L stepping L forward (9 O clock)

End of dance!

Dance ends naturally facing 12 oclock if danced to the very end of the song completing 40 counts of last wall.





Wand: 4