Salsa Monica

Count: 32

Ebene: Beginner

Choreograf/in: Masna Taufik (INA) - July 2021

Musik: Monica (feat. Yana Julio) - Indonesia 6

Intro music : 32 cts , NO TAG NO RESTART

(INTRO DANCE : 32 cts)

Sect 1 FORWARD & BACK MAMBO

- 1&2 Rock R fwd - recover on L - step R back
- 3&4 Rock L back - recover on R - step L fwd
- 5&6 Rock R fwd - recover on L - step R back
- 7 & 8 Rock L back - recover on R - step L fwd

Sect 2 SIDE MAMBO

- 1&2 Rock R to side - recover on L - step R beside L
- 3 & 4 Rock L to side - recover on R - step L beside R
- 5&6 Rock R to side - recover on L - step R beside L
- 7 & 8 Rock L to side - recover on R - step L beside R

Sect 3 SIDE CHASSE, ½ TURN LEFT SIDE CHASSE

- R to side L beside R R to side 1&2
- 3&4 L to side - R beside L - L to side
- Turn 1/2 left R to side L beside R R to side (6.00) 5&6
- 7 & 8 L to side - R beside L - L to side

Sect 4 ½ TURN LEFT SIDE CHASSE, V-STEP

- 1&2 Turn ¹/₂ left R to side - L beside R - R to side (12.00)
- 3 & 4 L to side - R beside L - L to side
- 5 8 R diag forward - L to side - R to centre - L beside R

(MAIN DANCE : 32 cts)

Sect 1 CROSS TOUCH, SIDE TOUCH, BOTA FOGO

- 1 2 Touch R cross over L - touch R to side
- 3&4 Cross step R over L - rock L to side - recover on R
- 5 6 Touch L cross over R - touch L to side
- 7 & 8 Cross step L over R - rock R to side - recover on L

Sect 2 SYNCOPATED CROSS SHUFFLE

- Cross R over L L to side cross R over L L to side 1&2&
- 3&4 Cross R over L - L to side - cross R over L
- 5&6& Cross L over R - R to side - cross L over R - R to side
- 7 & 8 Cross L over R - R to side - cross L over R

Sect 3 JAZZ BOX, 1/4 TURN RIGHT JAZZ BOX

- 1 4 Cross R over L - step L back - R to side - L forward
- 5 8 Cross R over L - turn 1/4 right step L back - R to side - L forward ...(3.00)

Sect 4 VINE TO RIGHT, ROLLING VINE TO LEFT

- 1 4 Step R to side - L behind R - R to side - touch L to side
- 5 8 1/4 turn left step on L - 1/2 turn left step R back - 1/4 turn left step L to side - touch R to side

Contact email : masnataufik@yahoo.com





Wand: 4