Nothing But A Countdown



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Lisa M. Johns-Grose (USA) & Gail A. Dawson (USA) - August 2021

Musik: One Mississippi - Kane Brown



Intro - 16 Counts

CROSS, ROCK, RECOVER, CROSS, ROCK RECOVER, WALK, WALK, SHUFFLE FORWARD

1&2	R cross over L, L step to L, R step to center
3&4	L cross over R, R step to R, L step to center

5, 6 R step forward, L step forward

7&8 R step forward, L step beside R, R step forward

ROCK, RECOVER, TRIPLE TURN 1/2, CROSS, POINT, CROSS, POINT

1. 2	L rock forward.	recover on P
1. Z	L TOCK TOTWATO.	recover on K

3&4 Turn ½ to L (6 o'clock) step L, R step beside L, L step forward

5, 6 R cross over L, L point to L 7, 8 L cross over R, R point to R

TOUCH, TOUCH, COASTER TURN 1/4, ROCK, RECOVER, COASTER

1, 2 R touch in front of L, R touch out to R

3&4 R step back making a ¼ turn to R (9 o'clock), L step beside R, R step forward

5, 6 L rock forward, recover on R

7&8 L step back, R step beside L, L step forward

*** RESTART HERE ON WALL 8

SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

1, 2	R slide diagonally	v forward, L	₋ slide di	agonally	forward
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3&4 R step diagonally forward, L step beside R, R step diagonally forward

5, 6 L slide diagonally forward, R slide diagonally forward

7&8 L step diagonally forward, R step beside L, L step diagonally forward

Last Update - 4 Sept. 2021