She Ain't Mine No More (P)

Count: 64

Ebene: Intermediate Partner

Choreograf/in: Guy Dubé (CAN) & Nancy Milot (CAN) - August 2021

Musik: She Ain't Mine No More - Justin Moore

Start : In Sweetheart position, partners face LOD. Intro : 16 counts. No Tag no Restart. Tags : At the 3th repetition after 16 counts and at the 4th repetition after 32 counts, restart the dance.	
	TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD FOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD
1-2	M : Step R to right, step L together R
	L : Step L to left, step R together L
	without letting go the hands, lady passes in front the man ending at the man's left side.
3&4	r in Reverse Sweetheart position. M : Shuffle forward with R,L,R
504	L : Shuffle forward with L,R,L
5-6	M : Step L to left, step R together L
	L : Step R to right, step L together R
*** On count 5, without letting go the hands, the lady passes in front the man ending at the man's right side. *** You are now in Sweetheart position (start position).	
&7-8	M : Shuffle forward with L,R,L
	L : Shuffle forward with R,L,R
[9-16] M : ROCK STEP, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD [9-16] L : STEP, PIVOT 1/2 TURN R, SHUFFLE FWD, STEP, PIVOT 1/2 TURN L, SHUFFLE FWD	
1&2	M : Rock step R forward, recover on L
	L : Step L forward, pivot 1/2 turn to right
	without letting go the hands, the man raise both L hands over the lady's head.
	lower the hands in Double Hand Cross position.
3&4	M : Shuffle back with R,L,R
5-6	L : Shuffle forward with L,R,L M : Rock back with L, recover on R
5-0	L : Step R forward, pivot 1/2 turn to left
*** On count 5, without letting go the hands, the man raise both L hands over the lady's head. *** On count 6, lower the hands in Sweetheart position.	
7&8	M : Shuffle forward with L,R,L
	L : Shuffle forward with R,L,R
[17-24] M :CROSS, SLIDE, CROSS, SLIDE, SHUFFLE FWD, SHUFFLE in 1/2 TURN R [17-24] L : STEP DIAGONALLY, SLIDE, STEP DIAGONALLY, SLIDE, SHUFFLE FWD, SHUFFLE in 1/2 TURN L	
1	M : Cross step R over L diagonally to left
	L : Step L forward diagonally to left
2	M : Slide ball L together R in swiveling diagonally to right
	L : Slide ball R together L in swiveling diagonally to right
3	M : Cross step L over R diagonally to right
	L : Step R forward diagonally to right
4	M : Slide ball R together L in swiveling face front LOD
	L : Slide ball L together R in swiveling face front LOD
5&6	M : Shuffle forward with R,L,R
	L : Shuffle forward with L,R,L
7&8	M : Shuffle back in 1/2 turn to right with L,R,L (face RLOD)





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L : Shuffle back in 1/2 turn to left with R,L,R (face RLOD)

*** On count 7, without letting go the hands, the man raise both R hands over the lady's head.

*** You are now in Double Hand Cross position.

[25-32] M : ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L, ROCK BACK, TRIPPLE STEP FWD [25-32] L : ROCK BACK, RECOVER, SHUFFLE 1/2 TURN R, ROCK BACK, TRIPPLE STEP FULL TURN L

- 1-2 M : Rock back with R, recover on L
 - L: Rock back with L, recover on R
- 3&4 M : Shuffle forward in 1/2 turn to left with R,L,R
- L : Shuffle forward in 1/2 turn to right with L,R,L
- 5-6 M : Rock back with L. recover on R
- L : Rock back with R, recover on L
- 7&8 M : Triple step forward with L,R,L (face LOD)
- L : Triple step forward in full turn to left with R,L,R (face OLOD)

*** On count 7, let go both L hands and finish in Sweetheart position.

[33-40] M : ROCK STEP, RECOVER, COASTER STEP, 1/2 TURN R, STEP BACK, SHUFFLE BACK [33-40] L : ROCK STEP, RECOVER, COASTER STEP, 1/2 TURN L, STEP BACK, SHUFFLE BACK

- 1-2 M : Rock step R forward, recover on L
 - L : Rock step L forward, recover on R
- 3&4 H : Step R back, step L together R, step R forward
- L : Step L back, step R together L, step L forward
- 5-6 M : 1/2 turn to right and step L back, step R back
 - L: 1/2 turn to left and step R back, step L back

*** On count 5, raise both R hands over the lady's head, to finish in Double Hand Cross position.

- 7&8 M : Shuffle back with L,R,L
 - L : Shuffle back with R,L,R

[41-48] M : 2X WALK BACK, STEP BACK, 1/4 TURN L, CROSS, ROCK SIDE, RECOVER, SAILOR 1/4 **TURN L**

[41-48] L : 1/2 TURN L, 1/4 TURN L, WEAVE to R, ROCK SIDE, RECOVER, SAILOR 1/4 TURN R 1-2 M : Step R back, step L back

L : 1/2 turn to left and step L forward, 1/4 turn to left and step R to right

*** On count 1, let go both L hands, raise both R hands over the lady's head.

- *** On count 2, take back both L hands to finish in Double Hand Cross position.
- M : Step R back, 1/4 turn to left and step L to left, cross step R over L 3&4
 - L : Cross step L behind R, step R to right, cross step L over R
- 5-6 M : Rock side with L, recover on R
- L : Rock side with R, recover on L

7&8

M : Cross step L behind R, 1/4 turn to left and step R on place, step L forward

L: Cross step R behind L, 1/4 turn to right and step L on place, step R forward

*** On count 7, raise both R hands over the lady's head. You are now in Sweetheart position.

[49-56] M : ROCK STEP, RECOVER, TOGETHER, 2X WALK FWD, CHASSÉ to L, ROCK BACK 1/4 TURN R

- [49-56] L : ROCK STEP, RECOVER, TOGETHER, 2X WALK FWD, CHASSÉ to R, ROCK BACK 1/4 TURN L 1-2
 - M : Rock step R forward, recover on L
 - L : Rock step L forward, recover on R
- &3-4 M : Step R back, walk forward with L,R
 - L : Step L back, walk forward with R,L
- 5&6 M : Chassé to left with L,R,L
- L: Chassé to right with R,L,R

*** On count 5, let go both R hands and keep both L arms in extension.

- 7-8 M: 1/4 turn to right and rock back with R, recover on L
 - L: 1/4 turn to left and rock back with L, recover on R

[57-64] M : SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE 1/4 TURN L, 2X WALK FWD [57-64] L : SHUFFLE FWD, 1/4 TURN R, 1/2 TURN R, SHUFFLE 1/2 TURN R, 2X WALK FWD 1&2 M : Shuffle forward with R,L,R L : Shuffle forward with L,R,L *** On count 1, take back both R hands over both L hands in Double Hand Cross position. M : Step L to left, step R together L 3-4 L : 1/4 turn to right and step R forward, 1/2 turn to right and step L back *** On count 3, let go both L hands and raise both R hands over the lady's head. *** On count 4, keep both R hands over the lady's head. M : Shuffle in 1/4 turn to left with L,R,L 5&6 L : Shuffle in 1/2 turn to right with R,L,R *** On count 5, take back both R hands in Sweetheart position. 7-8 M : Walk forward with R,L L : Walk forward with L,R HAVE FUN ! GUY & NANCY

Last Update - 27 Oct. 2021 - R2