One Day, Someday

Ebene: Advanced

Choreograf/in: Hiroko Carlsson (AUS) - September 2021

Musik: One Day - Matisyahu : (Spotify)

(Intro: 32 counts) = No tags or restarts =

[S1] Knees In-Out-Hitch-Recover RL

Count: 64

- Both knee in, Replace to the centre slightly dip down 12
- 34 Stretch up hitching R knee/punch up L arm, Recover/step down on R
- 56 Both knee in, Replace to the centre slightly dip down
- 34 Stretch up hitching L knee/punch up R arm, Recover/step down on L

[S2] Behind-1/4L-Side Rock, Run (on the spot), Side Rock

- 12 Step R behind L, Make a ¹/₄ turn left stepping forward on L (9:00)
- 34 Rock R to the side, Recover weight on L
- 5&6 Run on the spot R-L-R
- 78 Rock L to the side, Recover weight on R

[S3] Point Fwd LRL-Together, Fwd Rock-1/2R-Fwd

- 1&2& Point forward on L, Step L together, Point forward on R, Step R together
- 34 Point forward on L, Step L together
- 56 Rock forward on R, Recover weight on L
- 78 Make a ¹/₂ turn right stepping forward on R. Step forward on L (3:00)

[S4] Point Fwd RLR-Together, Fwd Rock-1/2L-1/4L

- Point forward on R, Step R together, Point forward on L, Step L together 1&2&
- 34 Point forward on R, Step R together
- 56 Rock forward on L, Recover weight on R
- 78 Make a ¹/₂ turn left stepping forward on L, Make a ¹/₄ turn left stepping R to the side (6:00)

[S5] Back Rock, 1/4R Shuffle Back-1/4R-1/4R, Back Rock

- 12 Rock back on L, Recover weight on R
- 3&4 Making a ¹/₄ turn right shuffle back on L-R-L (9:00)
- Make a ¹/₄ turn right stepping forward on R, Make a ¹/₄ turn right stepping L to the side (3:00) 56
- 78 Rock back on R, Recover weight on L

[S6] 1/4L Shuffle Back-1/4L-1/4L, Behind-Side Cross, 1/4L-Point

- 1&2 Make a ¹/₄ turn left shuffle back on R-L-R (12:00)
- 34 Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to the side (6:00)
- 5&6 Step L behind R, Step R to the side, Cross L over R
- 78 Make a ¹/₄ turn left stepping back on R, Point L to the side (3:00)

[S7] 1/4L-Point-In, Side w/ Drag, Behind-Side-Tap, Side w/Drag 1/4R

- &12 Make a 1/4 turn left step close on L, Point R to the side, Touch R next to L (12:00)
- 34 Step R to the side dragging L close to R over 2 counts
- 5&6 Step L behind R, Step R to the side, Tap L next to R
- 78 Push/step L to the side, Drag R close to L whilst making a ¼ turn right (weight on L) (3:00)

[S8] Coaster Step, Fwd w/ Pencil 1/2L, Coaster Step, Out-Out

- 1&2 Step back on R, Step L next to R, Step forward on R
- 34 Step forward on L making a ¹/₂ pencil turn on ball of L foot over 2 counts (9:00)





Wand: 4

- 5&6 Step back on R, Step L next to R, Step forward on R
- 7 8 Step out on L, Step out on R (feet shoulder length apart)

Ending suggestion: The last wall starts facing at 6:00. Dance up to S8 count 6, then Step forward on L (7), Make a ¼ turn left on ball of L foot (8), Cross R over L (1).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 1/Sept/21)