## Unchained Lizzy

Count: 92
Wand: 2
Ebene: Phrased Improver
Choreograf/in: Iris Wolff (DE) - September 2021

Musik: Unchained Lizzy - Sherman Noir



Start dance after the 16 drumbeats on the word „young".
Sequence: Part ABB, C, ABBB, B, BBB
Part A = $\mathbf{3 6}$ counts
A1: GRAPEVINE R /BRUSH, L FWD, R TOUCH BEHIND L, BACK, TOUCH
1-2 Step $R$ to right side, cross $L$ behind $R$
3-4 Step $R$ to right side, brush $L$ forward
5-6 Step $L$ forward, touch $R$ behind $L$
7-8 Step $R$ back, touch $L$ beside $R$
A2: GRAPEVINE L /BRUSH, R FWD, L TOUCH BEHIND R, BACK, TOUCH
1-2 Step $L$ to left side, cross $R$ behind $L$
3-4 Step $L$ to left side, brush $R$ forward
5-6 Step $R$ forward, touch $L$ behind $R$
7-8 Step $L$ back, touch $R$ beside $L$
A3: GRAPEVINE R /BRUSH, L FWD, R TOUCH BEHIND L, BACK, TOUCH 1-8 Repeat A1

A4: GRAPEVINE L/BRUSH, R FWD, L TOUCH BEHIND R, BACK, TOUCH 1-8

Repeat A2
A5: R SIDE, TOUCH, L SIDE TOUCH
1-2 $\quad$ Step $R$ to right side, touch $L$ beside $R$
3-4 Step $L$ to left side, touch $R$ beside $L$
Part B $=32$ counts (start at 12:00 or 6:00)
B1: R SIDE ROCK, CROSS SHUFFLE, L SIDE ROCK, CROSS SHUFFLE
1-2 $\quad$ Step $R$ to right side, weight back on $L$
$3 \& 4 \quad$ Cross $R$ over $L$, step $L$ to left, cross $R$ over $L$
5-6 Step $L$ to left side, weight back on $R$
7\&8 Cross L over R, step R to right, cross L over R
B2: R BACK ROCK, R ROCK FWD, R FULL TURN TO R, R BACK ROCK
1-2 Step $R$ back, weight back on $L$
3-4 Step $R$ forward, weight back on $L$
5-6 Turn $\mathrm{R} 1 / 2$ to right forward, turn $\mathrm{L} 1 / 2$ right back (12:00)
7-8 Step $R$ back, weight back on $L$
B3: R POINT, CROSS, L POINT, CROSS, R SIDE ROCK, R ¼ TURN L SIDE ROCK
1-2 $\quad$ Point $R$ to right side, cross $R$ over $L$
3-4 Point $L$ to left side, cross $L$ over $R$
5-6 Step $R$ to right side, weight back on $L$
7-8 Step $R$ with $1 / 4$ left turn to right side, weight back on $L$ (9:00)
B4: HEEL, TOGETHER, SWIVET TO RIGHT, UNWIND ¼ TURN L, KICK-BALL-CHANGE
1-2 Touch right heel forward, step $R$ beside $L$

Part C = 24 Counts (start at 12:00)
C1: 4 X DIAGONAL BACK TOUCHES (WITH CLAPS)
1-2 Step $R$ diagonal right back, touch $L$ beside $R$ (clap)
3-4 Step $L$ diagonal left back, touch $R$ beside $L$ (clap)
5-6 Step $R$ diagonal right back, touch $L$ beside $R$ (clap)
7-8 Step $L$ diagonal left back, touch $R$ beside $L$ (clap)
C2: 4 X DIAGONAL FORWARD TOUCHES (WITH CLAPS)
1-2 Step $R$ diagonal right forward, touch $L$ beside $R$ (clap)
3-4 Step $L$ diagonal left forward, touch $R$ beside $L$ (clap)
5-6 Step $R$ diagonal right forward, touch $L$ beside $R$ (clap)
7-8 Step $L$ diagonal left forward, touch $R$ beside $L$ (clap)
C3: 2 X MONTEREY TURN $1 / 4$ RIGHT
1-2 Point $R$ to right side, turn $1 / 4$ right and step $R$ next to $L$
3-4 Point $L$ to left side, step $L$ next to $R$ (3:00)
5-6 Point $R$ to right side, turn $1 / 4$ right and step $R$ next to $L$
7-8 Point $L$ to left side, step $L$ next to $R(6: 00)$
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