Cold Heart

Count: 32

Ebene: Beginner

Choreograf/in: Mandy Eades (UK) - September 2021

Musik: Cold Heart (PNAU Remix) - Elton John & Dua Lipa





Section One: R Side Rock Recover, Weave Point, Cross ¼ Turn L

- 12 Rock R Foot on R side, Recover on L
- 34 Cross R over L, step L to L side
- 56 Cross R behind L, Point L to L side angling body slightly to R diagonal
- 78 Cross L over R. Make 1/4 turn L stepping back R (9 o'clock)

Section Two: Shuffle ½ Turn L, R Rock Fwd, & L Rock Fwd, Step Back Touch

- 1&2 1/4 turn L stepping L to L side, step R next to L, 1/4 turn L stepping Fwd on L (3 o'clock)
- 34 Rock Fwd on R, Recover on L
- &56 Step R Next to L, Rock Fwd on L, Recover on R
- 78 Step Back L, Touch R Next to L

Section Three: 2 x Step Fwd Diagonally, Touch & Clap, 2 x Step Back Diagonally, Touch & Clap

- Step R Fwd to R diagonal, Touch L toe beside R and clap hands 12
- 34 Step L Fwd to L diagonal, Touch R toe beside L and clap hands
- 56 Step R back to R diagonal, Touch L toe beside R and clap hands
- 78 Step L back to L diagonal, Touch R toe beside L and clap hands

Section Four: Vine R, Touch, Vine L, Touch (Optional rolling vines)

- 12 Step R to R side, Step L behind
- 34 Step R to R side, Touch L beside R
- 56 Step L to L side, Step R behind
- 78 Step L to L side, Touch R beside L

Teaching: ---

- Section 1 has a 1/4 turn
- Section 2 has a 1/2 turn with rock steps

Section 3 has some very easy steps and so has

Section 4 with an option to change the grapevines to rolling vines

No tags, No restarts - Have fun and enjoy





Wand: 4