

In My Bed

COPPER KNOB
STEPPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Andrico Yusran (INA) - October 2021

Musik: In My Bed - Braaten



No Tag No Restart

Start Dance after intro lyric 32 counts (16")

S1# *BACK ROCK - FORWARD - LOCK SHUFFLE FORWARD - PIVOT 1/4 TURN LEFT - CROSS SHUFFLE*

1-2-3 Step R back , L recover , R forward
4&5 L forward , R lock behind L , L forward
6-7 R forward 1/4 turn to L , L in place
&-8 R cross over L , L to side

S2# *CROSS - SIDE ROCK - SAILOR - SAILOR FORWARD - LOCK SHUFFLE FORWARD*

1-2-3 Step R cross over L , L side , R recover
4&5 L cross behind R , R to side , L side
6&7 R cross behind L , L to side , R forward
&-8 L forward , R lock behind L

S3# *FORWARD - PIVOT 1/2 TURN LEFT - LOCK SHUFFLE FORWARD - SIDE DRAG - TRIPLE SIDE*

1-2-3 Step L forward , R forward 1/2 turn to L , L in place
4&5 R forward , L lock behind R , R forward
6 L slightly to side
7&8 R - L ball in place , R slightly to side

S4# *SAILOR 1/4 TURN LEFT - WALK FORWARD - PIVOT 1/2 TURN L - PIVOT 1/4 TURN LEFT*

1&2 Step L cross behind 1/4 turn to L , R back , L forward
3-4 R - L walk forward
5-8 R forward 1/2 turn to L , L in place , R forward 1/4 turn to L , L in place (weight on L) (3.00)

Dancing With Your Heart

Contact: ricoyusran@yahoo.com