

# Just A Notion AB

**COPPER** KNOB  
STEPPERS

Count: 32

Wand: 2

Ebene: Absolute Beginner

Choreograf/in: Aiden Fryer (UK) - November 2021

Musik: Just A Notion - ABBA



Start after intro (12 secs) on words" Just a notion"

## SEC 1: CHASSE RIGHT ROCK BACK , CHASSE LEFT ROCK BACK

- 1&2 Step R to R side , Close L next to R, Step R to R side
- 3-4 Rock back left recover right
- 5&6 Step L to L side, Close R next to L, Step L to L side
- 7-8 Rock back right recover left

## SEC 2: SHUFFLE FORWARD ROCK RECOVER , SHUFFLE BACK ROCK BACK RECOVER

- 1&2 Step forward on R , Close L next to R, Step forward on R
- 3-4 Rock forward on left , recover on right
- 5&6 Step back on L , Close R next to L , step back on L
- 7-8 Rock back on right , recover on left

## SEC 3: ¼ SIDE TOUCH SIDE TOUCH , GRAPEVINE WITH TOUCH

- 1-2 Make ¼ left step right to right side , touch left next to right
- 3-4 Step left to left side touch right next to left
- 5-6 Step right to right side , cross L behind
- 7-8 Right to right side , touch left next to right

## SEC 4: SIDE BEHIND ¼ TOUCH - HIP BUMPS R , L , R ,L

- 1-2 Step left to left side, right behind
- 3-4 Make ¼ left step forward on left after vine touch R next to L
- 5-6-7-8 Step R to R side pushing hips as you bump hips RLRL \*

END OF DANCE

\* On the last count you can flick right foot behind left