Holiday Stretchy Pants

Ebene: High Beginner

Choreograf/in: Liz Atkinson (USA) - November 2021 Musik: Stretchy Pants - Carrie Underwood

#16 count introduction

Count: 32

Begin with weight on left foot (LF)

S1: CROSSING SHUFFLE. BUMP L-R. CROSSING SHUFFLE. BUMP R-L

- 1&2 Cross RF over LF (1), step LF close behind RF (&), cross RF over LF (2)
- 3, 4 (Placing LF to L side) Bump hips L (3)-R (4)
- Cross LF over RF (5), step RF close behind LF (&), cross LF over RF (6) 5&6
- (Placing RF to R side) Bump hips R (7)-L (8) (12:00) 7,8

S2: COASTER STEP, 1/2 PIVOT R, TAP (bump), HOLD, AND TAP (bump), HOLD

- 1&2 Step RF back (1), step LF beside RF (&), step RF fwd (2)
- 3, 4 Step LF fwd (3), turn 1/2R (4) with weight ending on RF (6:00)
- Tap LF fwd bumping hips fwd (5), hold (6), step LF center (&) 5,6&
- 7,8 Tap RF fwd bumping hips fwd (7), hold (8)

*Restart here each time they finish the chorus: walls 4, 8, and 11

S3: SAILOR STEP, CROSS, SIDE, SAILOR 1/4L, WALK R-L

- 1&2 Step RF behind LF (1), step LF to L side (&), step RF to R side (2)
- 3, 4 Cross LF over RF (3), step RF to R side (4)
- 5&6 Step LF behind RF (5), turn 1/4L stepping RF to R side (&), step LF fwd (6) (3:00)
- Step RF fwd (7), step LF fwd (8) 7,8

S4: JUMP FWD OUT-OUT, HOLD, JUMP BACK TOGETHER, HOLD, V-STEP

- &1, 2 Jump fwd out-out RF (&)-LF (1), hold (2)
- &3, 4 Jump back feet together RF (&)-LF (3), hold (4)
- 5, 6 Step RF diagonal fwd (5), step LF diagonal fwd (6)
- 7,8 Step RF back to center (7), step LF beside RF (8) (3:00)

*Restarts: The chorus is 32 counts plus and additional 16. On wall 4, begin the sequence facing 9:00 and restart facing 3:00. On walls 8 and 11, begin the sequence facing 12:00 and restart facing 6:00.

*Ending: On wall 14, begin the dance facing 9:00, dance 16 counts to 3:00 and turning 1/4L, step RF to R side posing to 12:00

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Wand: 4