

# Una Manana

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wand:** 4

**Ebene:** Improver

**Choreograf/in:** Diba Munaf (INA) & Rossana HB (INA) - September 2021

**Musik:** Una Manana (Cha Cha / 31 BPM) - Ross Mitchell, His Band and Singers



**Intro : 32 count**

## **(1-8) JAZZ BOX, CHASSE, BACK ROCK**

1234            Cross RF over LF, Step LF back, Step RF to R, Step LF fwd  
5&6            Step RF to R, Close LF next to RF, Step RF to R  
78             Rock LF back, Recover onto RF

## **(9-16) VINE, ROCKING CHAIR**

1234            Step LF to L, Cross RF behind LF, Step LF to L, Touch RF next to LF  
5678           Rock RF fwd, Recover onto LF, Rock RF back, Recover onto LF

## **(17-24) FWD ROCK, CHASSE TURN 1/2 R, PIVOT 1/4 R, CROSS SHUFFLE**

12             Rock RF fwd, Recover onto LF  
3&4            Turn 1/4 R Stepping RF to R, Close LF next to RF, Turn 1/4 R Stepping RF fwd  
56             Step LF fwd, Turn 1/4 R weight on RF  
7&8            Cross LF over RF, Step RF to R, Cross LF over RF

## **(25-32) SIDE ROCK, BEHIND, SIDE, CROSS, SWAY 3X, TOUCH**

12             Rock RF to R, Recover onto LF  
3&4            Cross RF behind LF, Step LF to L, Cross RF over LF  
5678           Step LF to L swaying LRL, Touch RF next to LF

**Restart : On wall 5 dance 16 count and start from beginning**

**Ending : On wall 11 dance only 12 count and pose**

**Happy Dancing as always!**

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**Last Update - 10 Jan 2022**