Count: 48
Wand: 4
Ebene: Phrased Improver
Choreograf/in: Beth Tiwi (INA) - December 2021
Musik: Up (feat. Demi Lovato) - Olly Murs

Part A 32 count 2 tag A
Part B 16 count, 1 tag B

## Seq: AA (tagA wall 6) BB BB (tagB wall 15) AA (tagA wall 24) BB BB AA BB BB

## Start on lyric

Part A
*I. Walk (R-L)-Lock Shuffle-Rock Forward-Coaster Step*
1-2 Step R Forward, Step L Forward
3\&4 Step R forward, Lock L Behind R, Step R Forward
5-6 Step $R$ forward, Recover on $L$
7\&8 Step R back, Close L beside R , Step R forward
*II. Side Rock-Coaster Step-Side Rock- Turn $1 / 4$ Left Coaster Step*
1-2 Step $R$ to $R$ side, recover to $L$
3\&4 Step R back, Close L beside R , Step R forward
5-6 Step $L$ to $L$ side, turn 1/4 Left recover to $R$
7\&8 Step L back , Close R beside L , Step L forward
*III. Grapevine R- Paddle Turn 1/4 2x*
1234 Step R to $R$ side, Cross $L$ behind $R$, Step $R$ to $R$ side - Touch $L$ beside $R$
5-6 Step L Forward, turn $1 / 4$ right step $R$ in place
7-8 Step L Forward, turn $1 / 4$ right step $R$ in place
*IV. Cross Point- Jazz Box*
1-2 Step L cross over R, Step R touch to side
3-4 Step $R$ cross over $L$, step $L$ touch to side
5678 Step $L$ cross over $R, R$ back , $L$ side,$R$ forward

## Tag A : *K Step*

1-2 Step R to right front diagonal, Touch L beside R
3-4 Step $L$ to left back diagonal, Touch $R$ beside $L$
5-6 Step $R$ to right back diagonal, Touch $L$ beside $R$
7-8 Step $L$ to left front diagonal, Touch $R$ beside $L$
Part B
*I. Side Drag-Side Rock (R/L)*
1-2 Long Step $R$ to $R$ Side, Drag $L$ to $R$
3-4 Step $R$ to $R$ side, recover to $L$
5-6 Long Step L to L Side, Drag R to L
7-8 $\quad$ Step $L$ to $L$ side, recover to $R$
*II. Forward-Kick-Rock Backward-Rock Forward Turn R 1/4*
1-2 Step R forward, kick L forward
3-4 Step L Backward, step R backward
5678 Step R forward, step L forward turn Right 1/4, R inplace, step L cross over R

Tag B : *SideRock (R/L)*
1-2 $\quad$ Step $R$ to $R$ side, step $L$ close to $R$
3-4 Step $L$ to $L$ side, step $R$ close to $L$

Happy Dance,
Dancing with your Soul
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