A Contracorriente

Ebene: Improver

Choreograf/in: Francisca Pons Estelrich (ES) - January 2022

Musik: A Contracorriente - Alvaro Soler & David Bisbal

Intro: 16 Counts

Count: 32

(1 - 8) RUMBA BOX FORWARD - LOCK SHUFFLE BACK - COASTER STEP

- 1 & 2 step RF to side R, step LF beside RF, step RF forward
- 3 & 4 step LF to side L, step RF beside LF, step LF back
- 5 & 6 step RF back, cross LF over RF, step RF back
- 7 & 8 step LF back, RF beside LF, step LF forward

(9 - 16) WALK FORWARD (X2) - BOTAFOGO (X2) - CROSS - 1/4 STEP BACK

- 1 2 step RF forward, step LF forward
- 3 & 4 cross RF over LF, rock LF to side L, recover onto RF
- 5 & 6 cross LF over RF, rock RF to side R, recover onto LF
- 7 8 cross RF over LF, ¼ step LF back on R

(17 - 24) STEP SIDE - CROSS - SIDE BEHIND SIDE CROSS - MAMBO SIDE (X2)

- 1 2 step RF to side R, cross LF over RF
- & 3 & 4 step RF to side R, cross LF behind RF, step RF to side R, cross LF over RF
- 5 & 6 step RF to side R, recover on LF, close RF beside LF
- 7 & 8 step LF to side L, recover on RF, close LF beside RF

(25 - 32) LOCK SHUFFLE FORWARD - ½ STEP TURN - LOCK SHUFFLE FORWARD - ½ STEP TURN

- 1 & 2 step RF forward, lock LF behind RF, step RF forward
- 3 -4 make 1/2 turn LF stepping forward on R
- 5 & 6 step LF forward, lock RF behind LF, step LF forward
- 7 8 make 1/2 turn RF stepping forward on L

TAG AFTER WALL 3 (9:00)

(1 - 8) WALK TOUCH STEP FORWARD (X4) - MAMBO SIDE (X2) (WITH SHIMMY)

- 1&2&3&4& touch step RF forward, touch step LF forward, touch step RF forward, touch step LF forward
- 5 & 6 step RF to side R, recover on LF, close RF beside LF
- 7 & 8 step LF to side L, recover on RF, close LF beside RF

TAG AFTER WALL 4 (12:00)

(1 - 2) WALK TOUCH STEP FORWARD (X2) (WIHT SHIMMY)

1&2& - touch step RF forward, touch step LF forward

ENDING: ATER 16 COUNTS WALL 9 (3:00)

(1 -2) - ¼ STEP BACK - TOUCH

1 - 2 - ¹/₄ step RF back on L (12:00), touch LF beside RF

START AGAIN

DANCE WITH YOUR HEART AND FEET WILL FOLLOW





Wand: 4