Bahama Mama 2022



Count: 32 Wand: 4 Ebene: High Beginner

Choreograf/in: Christina Yang (KOR) - January 2022

Musik: Bahama Mama - Boney M.



Start the dance after 64 counts

SECTION 1: FORWARD SHUFFLE X 2, 1/2 TURN TO L WITH PIVOT TURN, FORWARD, SIDE TOUCH

1&2 Step RF forward, LF closed RF, step RF forward3&4 Step LF forward, RF closed LF, step LF forward

4-8 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, touch LF to side

SECTION 2: FORWARD SHUFFLE X 2, 1/2 TURN TO R WITH PIVOT TURN, FORWARD, SIDE TOUCH

1&2 Step LF forward, RF closed LF, step LF forward3&4 Step RF forward, LF closed RF, step RF forward

5-8 Step LF forward, 1/2 turn to R changing weight on RF, step LF forward, touch RF to side

SECTION 3: (FORWAD, TOUCH) X 2, 1/4 TURN TO R WITH JAZZ BOX CROSS

Step RF forward, touch LF toe to L side, step LF forward, touch RF toe to R side
Cross RF over LF, 1/4 turn to R stepping LF back, step RF side, cross LF over RF

SECTION 4: (SIDE SHUFFLE, BACKWARD ROCK, RECOVER) X 2

1&2 Step RF to side, LF closed RF, step RF to side

3-4 Rock LF backward, recover on RF

5&6 Step LF to side, RF closed LF, step LF to side

7-8 Rock RF backward, recover on LF

RESTART & TAG

On the 4th wall, you will dance to 8 counts and start again after 4 counts of tag

Tag step is Jazz box touch

1-4 cross LF over RF, step RF backward, step LF side, touch RF toe beside LF

On the 9th wall, you will dance to 16 counts and start again

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