Duecentomila Ore



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Beatriz Gonzalez Paradell (UK) - February 2022

Musik: Duecentomila ore - Ana Mena

Intro: 16 count intro



[1-8] WALK (X2), LOCK STEP, WALK, ½ TURN, LOCK STEP

1	- 2	RF sten	forward.	ΙF	sten	forward	
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3&4 RF step forward, LF cross behind RF, RF step forward

5 - 6 LF step forward, ½ turn right (06:00)

7&8 LF step forward, RF cross behind LF, LF step forward

[9-16] FULL TURN, LOCK STEP, ROCK, SAILOR STEP

1 - 2	½ turn left stepping RF back, ½ turn left stepping LF forward
3&4	RF step forward, LF cross behind RF, RF step forward

5 - 6 LF rock forward, recover weight on RF

7&8 LF cross over RF, RF step to right, LF step to left

[17-24] BACK, POINT, BACK, POINT, SAILOR STEP 1/4 TURN, ROCK

1 - 2	RF step back (slightly cross), LF pointing to left
3 - 4	LF step back (slightly cross), RF pointing to right

5&6 RF cross behind LF with ¼ turn to the left, Step LF to left, RF step to right (09:00)

7 - 8 LF rock forward, recover weight on RF

[25-32] LOCK STEP, ROCK, STEP ½ TURN, BACK, ROCK

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182	LF step backwards	RE Step over LE	LE Step backwards

3 - 4 RF rock backwards, recover weight on LF

5 - 6 Pivot ½ turn to left on ball of LF stepping RF backwards, LF step backwards (03:00)

7 - 8 RF rock backwards, recover weight on LF

TAG: AT THE END OF WALL 7 STEP, TOUCH, STEP TOUCH

1 - 2 Step RF diagonally forward, LF touch next to RF

3 - 4 Step LF diagonally backwards, RF touch next to LF

Enjoy!