## More Time, More Life

Ebene: Improver

Choreograf/in: Silvia Schill (DE) - February 2022

Musik: More - Sam Ryder

The dance begins after 8 beats with the vocals

**Count: 32** 

S1: Jazz box turn r 2x

1-2

3-4

5-6	RF cross over LF, step back with LF
7-8	RF step to the right with ¼ turn, step forward with LF (6 o'clock)
S2: Rock step, back-heel, back-heel, coaster step, step turn r	
1-2	Step forward with RF, lift LF slightly up and weight back on LF

RF step to the right with 1/4 turn, step forward with LF (3 o'clock)

- &3&4 Step back with RF, tap left heel in front, step back with LF and tap right heel in front
- 5&6 Step back with RF, move LF next to RF and step forward with RF
- 7-8 Step forward with LF, ¼ turn right around on both balls and weight at the end on RF (9 o'clock)

## S3: Cross, hold, side, behind, hold, side, cross shuffle, point r/l

- 1-2 LF cross over RF and hold
- &3-4 Step to right with RF, cross LF behind RF and hold
- &5&6 Step to right with RF, cross LF over RF, small step with RF to right and cross LF over RF
- 7&8& Tap right toe to right, move right toe next to LF, tap left toe to left, move LF next to RF (weight at the end on LF)

Restarts: In the 1st round (9 o'clock), in the 4th round (12 o'clock), in the 9th round (9 o'clock) stop here and start from the beginning

## S4: Rocking chair, 2 x step turn I

- 1-2 Step forward with RF, lift LF slightly up and weight back on LF
- 3-4 Step back with RF, lift LF slightly up and weight back on LF
- 5-6 Step forward with RF, ¼ turn left around on both balls and weight at the end on LF (6 o'clock)
- 7-8 Step forward with RF, ¼ turn left around on both balls and weight at the end on LF (3 o'clock)

## Repeat to the end

And don't forget to smile, because dancing is fun! There is no guarantee for errors in the translation, content, spelling, etc.! Country Linedancer Berlin-Brandenburg e. V. www.country-linedancer.de





Wand: 4

RF cross over LF, step back with LF