Sono	Timida



Count: 32

Wand: 4

Ebene: Beginner / Improver Choreograf/in: Ira Weisburd (USA) & Sebastiaan Holtland (NL) - February 2022

Musik: Sono timida - Orchestra Italiana Bagutti



Rhythm: Foxtrot

Introduction: 16 counts. Start on vocal on word "Caro"at 13 secs. NO TAGS ! NO RESTARTS !

PART I. (FORWARD, LOCK, STEP; FORWARD, FORWARD; FORWARD, RECOVER, BACK; BACK, BACK)

- 1&2 Step R forward, Step L behind R, Step R forward
- 3-4 Step L forward, Step R forward
- 5&6 Step L forward, Recover back onto R, Step L back
- 7-8 Step R back, Step L back

PART II. (BACK, TOGETHER, FORWARD; FORWARD, 1/2 L ; BACK, TOGETHER, FORWARD; 1/4 R,

SIDE)

- 1&2 Step R back, Step-close L beside R, Step R forward
- Step L forward, Step R back making 1/2 L Turn (6:00) 3-4
- 5&6 Step L back, Step-close R beside L, Step L forward
- 7-8 Step R to R making 1/4 R Turn (9:00), Step L to L

PART III. (BACK, SIDE, CROSS; SIDE, SIDE; BACK, SIDE, CROSS; 1/4 R MONTEREY TURN)

- 1&2 Step R back, Step L to L, Step R across L
- 3-4 Step L to L, Step R to R
- 5&6 Step L back, Step R to R, Step L across R
- 7-8 Touch R toe to R, Bring R foot beside L as you twist both heels to the L to make 1/4 R Turn (12:00)

PART IV. (POINT L: OUT, IN, OUT; SAILOR 1/4 L TURN; JAZZ BOX: CROSS, BACK, SIDE, FORWARD)

- 1&2 Touch L toe to L, Touch L toe beside R, Touch L toe to L
- 3&4 Step L back making 1/4 L Turn (9:00), Step R to R, Step L forward
- 5-6 Step R across L, Step L back
- Step R to R, Step L forward 7-8

REPEAT DANCE.

ENDING: On Wall 11 (Facing 6:00), Dance the first 14 counts and finish facing 12:00.

Email: dancewithira@comcast.net

Last Update - 18 Feb. 2022