Born Free

Count: 32

Ebene: Beginner Country ECS

Choreograf/in: Markus Eiselt (DE) - April 2022

Musik: Born Free - Kid Rock

Restart: on Wall 4 & 8 after 16 counts Start the dance after 32 counts

S1. Step r forward tip I, step I forward tip r, step r back tip I, step I back tip r.

- 1-2 Step forward with your right foot and tap left with your left
- 3-4 Step forward with left foot and tap right with right
- 5-6 Step back with right foot and tap left with left
- 7-8 Step back with your left foot and tap your right foot
- S2. Side chasse r, side chasse with 1/4 turning I, side chasse with 1/4 turning r, side chasse with 1/4 turning I
- 1&2 Take a step to the right with your right foot, step your left foot next to your right and take a step to the right again with your right foot
- 3&4 1/4 turn to the left, step left foot to left and step right to left, then step left again to left
- 5&6 1/4 turn to the right, step right foot to right and step left to right, then step right again to right

7&8 1/4 turn to the left, step left foot to left and step right to left, step left again to left

S3. Rocking Chair r, Jazz Box

- 1-2 Step forward with right foot, lift left slightly, and return weight to left foot
- 3-4 Step back with right foot, lift left slightly, and return weight to left foot
- 5-6 Cross your right foot over your left, step back with your left
- 7-8 Step your right foot to the right, then step your left foot next to your right

S4. V-Step, 1/2 turning I, 1/2 tuning I

- Step forward with your right foot, stepping your left next to your right 1-2
- 3-4 Step back with right foot, then step left next to right
- 5-6 Step forward with right foot, then rotate 1/2 to the left
- 7-8 Step forward with right foot, then rotate 1/2 to the left





Wand: 4