

Dengan Nafas

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Mei Lestari (INA) - April 2022

Musik: Dengan NafasMu - Ungu



Intro: 64 counts

S1. WALK FORWARD, TOUCH, FORWARD, TOUCH, PIVOT ½ TURN L

- 1,2 Step RF forward, step LF forward
- 3,4 Step RF forward, touch LF to L
- 5,6 Step LF forward, touch RF to R
- 7,8 Step RF forward, ½ turn L weight on LF

S2. ROCKING CHAIR, FORWARD SHUFFLE, PIVOT ½ TURN R

- 1,2 Rock RF forward, recover on LF
- 3,4 Rock RF back, recover on LF
- 5&6 Step RF forward, close LF next to RF, step RF forward
- 7,8 Step LF forward, ½ turn R weight on RF

S3. ROCKING CHAIR, FORWARD SHUFFLE, PIVOT ½ TURN L

- 1,2 Rock LF forward, recover on RF
- 3,4 Rock LF back, recover on RF
- 5&6 Step LF forward, close RF next to LF, step LF forward
- 7,8 Step RF forward, ½ turn L weight on LF

S4. VINE, TOUCH, ROLLING VINE 1¼ TURN L

- 1,2 Step RF to R, cross LF behind RF
 - 3,4 Step RF to R, touch LF to L (option : touch LF beside RF)
 - 5,6 ¼ turn L step LF forward, ½ turn L step RF back
 - 7,8 ½ turn L step LF forward, touch RF beside LF
- (option 5-8 : step LF to L, cross RF behind LF, ¼ turn L step LF forward, touch RF beside LF)

Have Fun....
