Bass No Tenors

Count: 32

Ebene: Beginner

Choreograf/in: Liz Atkinson (USA) - April 2022

Musik: All About That Bass (No Tenors) - Straight No Chaser

This song is a parody of the Megan Trainor track, All About That Bass. It is sung by an all-male acapella group and pokes fun at the tenor singers, who usually get the lead and the attention. (But we know it's all about that bass.)

#32 count introduction. Begin with weight on LF. NO Tags - NO Restarts

S1: SIDE, TOUCH, SIDE, TOUCH, FWD, TOUCH, BACK, KICK

- 1, 2 Step RF to R side, touch LF beside RF
- 3, 4 Step LF to L side, touch RF beside LF
- 5,6 Step RF fwd, touch LF beside RF
- 7,8 Step LF back, kick RF fwd (12:00)

S2: STEP, POINT, STEP, POINT, 1/4L PIVOT, 1/4L PIVOT

- Step RF fwd, point LF to L side 1, 2
- 3, 4 Step LF fwd, point RF to R side
- 5,6 Step RF fwd, pivot 1/4L (9:00) shifting weight onto LF
- 7,8 Step RF fwd, pivot 1/4L (6:00) shifting weight onto LF (6:00)

S3: CROSS ROCK, RCVR, CHASSE' R, CROSS ROCK, RCVR, CHASSE' L

- 1, 2 Cross rock RF over LF, recover onto LF
- 3&4 Step RF to R side, step LF beside RF, step RF to R side
- 5,6 Cross rock LF over RF, recover onto RF
- 7 & 8 Step LF to L side, step RF beside LF, step LF to L side (6:00)

S4: V-STEP, SQUAT-STAND, TWIST R-CENTER

- 1, 2 Step RF to fwd-R diagonal, step LF to fwd-L diagonal
- Step RF back and to center, step LF back and to center (beside RF) 3, 4
- Bend both knees into a slight squat, straighten legs to stand 5,6
- 7,8 Lift both heels swiveling both R, return heels to center (6:00)

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Wand: 2