# **Own Your Title**

Ebene: Phrased Intermediate

**Count: 56** Choreograf/in: Tessa Jansen (NL) - March 2022 Musik: Title - Meghan Trainor : (iTunes)

Intro: +/- 2 counts (start on the word "Love") SEQUENCE: AAB, AAB, AAB, A

#### PART A

Rumba Fwd L Touch, Rumba Back R Kick, Step Back L, Kick Fwd R, Coasterstep, Hold, ¼ Turn R	
1&2&	Step L to L Side, Step R next to L, Step L Fwd, Touch R next to L
3&4&	Step R to R Side, Step L next to R, Step R Back, Kick L Fwd
5&	Step L Back, Kick R Fwd
6&7&	Step R Back, Step L next to R, Step R Fwd, Hold
8&	Step L Fwd, ¼ Turn R (3.00)

## Crossing Toe Strut, ¼ L Toe Strut Back, ¼ L Side Toe Strut, Slide Ball Cross L, 2x ¼ Turn R Walk Fwd R, L

- 1&2& Cross L Toe Over R, Drop L Heel, ¼ Turn L Step Back On R Toe, Drop R Heel (12.00)
- 1/4 Turn L Step on L Toe to Left Side, Cross R Toe Over L, Drop R Heel (09.00) 3&4&
- 5-6& Step L Big Step to L Side, Drag R Towards L and Step on Ball Of R next to L, Cross L Over R

7-8 1/4 Turn R Step R Fwd, 1/4 Turn R Step L Fwd (03.00)

#### Note: Toe Struts are Travelling sidewards

#### Charleston Step, Rumba ¼ Turn R, Jazz Box ¼ Turn R

- 1-2 Touch R Toe Fwd, Step Back on R
- 3-4 Touch L Toe Backwards, Step Fwd on L
- 5-6 Cross R Over L, 1/4 Turn R Step Back on L (06.00)
- 7-8 Step R to R Side, Step Fwd on L

## 2x V Step. Step Pivot ¼ Turn L. Step ½ Pivot Step L

- 1&2& Step R Fwd (a bit diagonal), Step L fwd (a bit diagonal), Step R back to centre, Step L back to centre
- 3&4& R Fwd (a bit diagonal), Step L fwd (a bit diagonal), Step R back to centre, Step L back to centre
- 5-6 Step R Fwd, Pivot <sup>1</sup>/<sub>2</sub> Turn L (12.00)
- 7&8 Step R Fwd, Pivot <sup>1</sup>/<sub>2</sub> Turn L, Step R Fwd (06.00)

## PART B

## 2x Hip Bumps L, 2x Him Bumps R, Travelling Swivels, Hold

- Bump Hips to L Side, Bump Hips to L Side (place R hand on R Hip, Raise L Fist high to L 1-2 Side)
- 3-4 Bump Hips to R Side, Bump Hips to R Side (place R hand on R Hip, Raise L Fist high to R Side)
- 5-6 Swivel Both heels to L Side, Swivel Both toes to L Side
- Swivel Both heels to L Side, Hold 7-8

## 2x Hip Bumps R, 2x Hip Bumps I, Swivel R, L, R, Hold

- Bump Hips to R Side, Bump Hips to R Side (place R hand on R Hip, Raise L Fist high to R 1-2 Side)
- 3-4 Bump Hips to L Side, Bump Hips to L Side (place R hand on R Hip, Raise L Fist high to L Side)
- 5-6 Swivel Both heels to R Side, Swivel Both toes to R Side





Wand: 2

7-8 Swivel Both heels to R Side, Hold

#### Diagonal Step Touches, Hold, Step Pivot Step R, Step Pivot Step R

1&2& Step L diagonal Fwd (10.30), Touch R next to L, Step R Back (12.00), Touch L next to R

- 3&4& Step L diagonal Back (7.30), Touch R next to L, Step R Fwd (12.00), Hold
- 5&6 Step L Fwd, Pivot ½ Turn R, Step L Fwd
- 7&8 Step R Fwd, Pivot ½ Turn L, Step R Fwd

ENDING: Dance 16 counts of Part A, finish the dance facing 12.00 by making a <sup>1</sup>/<sub>4</sub> Turn Slide (Big Step) to L Side and strike a pose!

This song makes me very happy and my message with this dance is: Be yourself and OWN YOUR TITLE! You are so worth it!

Last Update - 15 May 2022