Jive Twist



Count: 32 Wand: 1 Ebene: Beginner / Improver

Choreograf/in: Zaldy Lanas (IT) - May 2022

Musik: Twistin' the Night Away - Sam Cooke

Twist both heels L, R, L, R



Introduction: 8 counts. Start on vocal @ 8 seconds.

NO TAGS! NO RESTARTS! *Step sheet by: Ira Weisburd

PART I. (ROCK BACK, RECOVER, TOUCH, STEP, TOUCH, STEP, ROCK BACK, RECOVER; TOUCH, STEP, FORWARD, PIVOT 1/2 L TURN, TOUCH, STEP, FORWARD, PIVOT 1/2 R TURN)

1&2&	Rock back onto L, Recover forward onto R, Touch L toe beside R, Step L in place
3&4&	Touch R toe beside L, Step R in place, Step L back, Recover forward onto R
5&6&	Touch L toe forward, Step L in place, Step R forward, Pivot 1/2 L Turn onto L (6:00)
7&8&	Touch R toe forward, Step R in place, Step L forward, Pivot 1/2 R turn onto R (12:00)

PART II. (TOUCH, STEP, ROCK BACK, RECOVER, TOUCH, STEP, ROCK BACK, RECOVER; TWIST HEELS L, R, L, LIFT R, TWIST HEELS R, L, R LIFT L)

1&2&	Touch Litoe to L, Step L in place, Rock back onto R, Recover forward onto L
3&4&	Touch R toe to R, Step R in place, Rock back onto L, Recover forward onto R
5&6&	Step L slightly forward, feet apart & Twist both heels to the L, then R, then L & Flick R back.
7&8&	Step R slightly back, feet apart & Twist both heels to the R, then L, then R & Flick L back

PART III. (TOUCH, STEP, TOUCH, STEP, TOUCH, STEP; TWIST HEELS L, R, L, R, L, R, L, R)

1&2&	Touch L toe forward, Step L beside R, Touch R toe forward, Step R beside L
3&4&	Touch L toe forward, Step L beside R, Touch R toe forward, Step R beside L
5&6&	Twist both heels L, R, L, R

PART IV. (1/4 L TURN, 1/4 L TURN, 1/4 L TURN, 1/4 L TURN; TWIST HEELS L, R, L, LIFT R, TWIST HEELS R,L R, LIFT L)

1&2&	Touch L toe to L making 1/4 L (9:00), Step L in place, Touch R toe forward making 1/4 L (6:00),
3&4&	Touch L toe forward making 1/4 L (3:00), Step L in place, Touch R toe forward making 1/4 L (12:00)
5&6&	Step L slightly forward, feet apart & Twist both heels to the L, then R, then L & Flick R back.

Step L slightly forward, feet apart & Twist both heels to the L, then R, then L & Flick R back

Step R slightly back, feet apart & Twist both heels to the R, then L, then R & Flick L back

REPEAT DANCE.

7&8&

NOTE: You can replace the single counts ie. Touch, Steps with Triple Steps after the first few times.

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