Fast

Count: 32	**Wand:** 2	**Ebene:** Intermediate	

Choreograf/in: Bente Lindtner (NOR) - June 2022

Musik: Fast - Luke Bryan

[1-8]: Step Right foot back with Sweep left, behind side cross travelling diagonally, recover with hitch, turn ½ over left shoulder step lock step, Rock recover, step lock backwards

1	Step RF backwards, sweep left foot from front to back 12
2&3	Step LF behind RF, step RF right pointing to 1:30, cross LF in front of RF 1:30
4	Recover on RF, hitching LF and start turning ½ left
5&6	Finish turn, step forward on LF, lock RF behind LF, Step forward on LF 7:30
7&8&	Rock RF forward, Recover on LF, Step back on RF, Lock LF in front of RF

[9-16]: Straighten ¼ R into night club basic, Step Left with sway, Sway Right, Swivel ¼ right weight on LF sliding RF to LF, coaster cross, unwind full turn with sweep left, Step LF back

1, 2&	Straighten ¼ Right stepping RF to right, step LF behind RF, Cross RF in front of LF 9
3&4	Step LF left pushing hips left, Sway right, swivel on LF ¼ right dragging RF towards the LF 12
5&6	Step RF back, Step LF next to RF, cross RF in front of LF
7&8	Unwind 1 full turn on ball of RF over left shoulder, first hooking LF in front of RF (7), then sweeping LF past RF (&), Step LF back

[17-24]: Anchor step, behind side cross with ¼ turn, Step, Lock, Step, Step, lock, step

1&2	Step RF behind LF, Step LF in place, step RF in place
3&4	Step LF back, Step RF right turning ¼ Right, cross LF in front of RF 3
5,6&	Step RF forward, Lock LF behind RF, Step RF slightly forward
7&8	Step LF forward, Lock RF behind LF, Step LF forward

[25-32]: Step RF forward, Step half turn, triple five quarter turn, Sailor step, Rock recover

1	Step RF forward
2&3	Step LF forward, turn ½ R on ball of RF shifting weight to RF, step forward on LF 9
4&5	Turn ½ L stepping back on RF, Turn ½ L stepping forward on LF, Turn ¼ L stepping R on RF 6
6&7	Cross LF behind RF, Step RF next to LF, Step LF forward
8&	Rock RF forward, Recover on LF

Repeat, no tags or restarts