## Wu Fa Tao Bi De Tong（无法逃避的痛）

Count： 102
Wand： 1
Ebene：Phrased Improver
Choreograf／in：Erni Jasin（INA）－July 2022
Musik：Wu Fa Tao Bi De Tong（无法逃避的痛）－Zheng Yun（正云）


Sequence ：ID，A，Tag，B，ID，A，Tag，B，A，Tag，B，（Ending repeat the last section of Part B）
＊＊ID（32C）
A（48C），B（54C）
＊＊Tag： 4 Counts
Intro Dance ： 32 Counts
SECTION 1 ：WALK FORWARD－V STEP
14 Walk Fwd RLRL
58 Step RF diagonal fwd to R，Step LF diagonal fwd to L，Step RF back to center，Close LF beside R

SECTION 2 ：WALK BACKWARD－V STEP
14 Walk back RLRL
58 Step RF diagonal fwd to R，Step LF diagonal fwd to L，Step RF back to center，Close LF beside R

SECTION 3 ：SIDE－TOGETHER－SIDE－TOUCH CLOSE－TOUCH OUT－IN（X2）
14 Step RF to R side，Step LF beside RF，Step RF to side，Touch LF beside RF
58 Touch LF to side ，Touch LF beside RF ，Touch LF side ，Touch LF beside RF
SECTION 4 ：SIDE－TOGETHER－SIDE－TOUCH CLOSE－TOUCH OUT－IN（X2）
14 Step LF to L side ，Step RF beside LF ，Step LF to side ，Touch RF beside LF
58 Touch RF to R side ，Touch RF beside LF ，Touch RF to side ，Touch RF beside LF
PART ：A（48 counts）
SECTION 1 ：FWD TOE STRUTS（R\＆L）－JAZZ BOX
14 RF fwd Toe strut，Drop R heel，LF fwd Toe strut，Drop L heel
58 Cross RF over L，Step LF back，Step RF to side，Cross LF over RF
SECTION 2 ：R LINDY－L MODIFIED ROCKING CHAIR
1\＆2 Step RF to $R$ side，Step LF together，Step RF to side
34 Rock LF behind RF（3），Recover on RF
58 1／8 Turn L Rock LF diagonal fwd（10：30），Recover on RF，Rock LF back，Recover on RF
SECTION 3 ：1／8 TURN R－L LINDY－R MODIFIED ROCKING CHAIR
1\＆2 $\quad 1 / 8$ Turn $R$ Step LF to $L$ side，Step RF together，Step LF to side
34 Rock RF behind LF，Recover on LF
58 1／8 Turn R Rock RF to diagonal R（1：30），Recover on LF，Rock RF back，Recover on LF
SECTION 4 ： $1 / 8$ TURN L CROSS－POINT（R\＆L）－BACK CROSS－SIDE TOUCH（R\＆L）
14 Make 1／8 Turn L Cross RF over LF，Point LF to side，Cross LF over RF，Point RF to side，
58 Cross RF behind LF，Touch LF to side，Cross LF behind RF，Touch RF to side
SECTION 5 ：ROCKING CHAIR－SIDE－HEEL STRUTS（R\＆L）
14 Rock RF fwd，Recover on LF，Rock RF back，Recover on LF
58 Step RF to side，L Heel strut in place，Drop L heel transfer weight to left，$R$ Heel strut in place

## SECTION 6 : R GRAPEVINE - L ROLLING VINE

$\begin{array}{ll}14 & \text { Step RF to side, Cross LF behind } R \text {, Step RF to side, Touch LF beside } R \\ 58 & 1 / 4 \text { Turn } L \text { stepping on } L, 1 / 2 \text { Turn } L \text { step RF back, } 1 / 4 \text { Turn } L \text { step LF side, Touch RF beside }\end{array}$ L
**TAG : (4C) OUT OUT - IN IN
\&12 Step RF to side, Step LF side, Hold
\&34 Step RF to center, Close LF beside R, Hold
PART B : 54 Counts
SECTION 1 : HIP BUMPS (R\&L)
14 Step RF to side make hip bump 4x
58 Transfer weight to $L$ make hip bump 4x
SECTION 2 : HOP DIAGONAL BACK - TOUCH - HOLD (R\&L)
\&12 Hop RF diagonal back, Touch LF beside L, Hold
\&34 Hop L diagonal back, Touch RF beside L, Hold
\&56 Hop RF diagonal back, Touch LF beside R
\&78 Hop LF diagonal back, Touch RF beside L
SECTION 3 : SIDE - BACK TOUCH (R\&L) - SWAY (R\&L)
14 Step RF to $R$ side, Touch $L$ toe behind $R$, Step $L F$ to $L$ side, Touch $R$ toe behind $L$
58 Sway RLRL
SECTION 4 : HULLY GULLY STEP (R\&L)
14 Step RF diagonal fwd to R, Step LF together, Step RF diagonal fwd to R, Touch LF beside RF with clap
58 Step LF diagonal fwd to L, Step RF together, Step LF diagonal fwd to L, Touch RF beside LF with clap

SECTION 5 : DIAGONAL BACK STEP - TOUCH (R\&L)
14 Step RF diagonal back to R, Touch LF beside R, Step LF diagonal back to L, Touch RF beside L
58 Step RF diagonal back to R, Touch LF beside R, Step LF diagonal back to L, Touch RF beside L

SECTION 6 : SYNCOPATED SIDE TOUCH - HOLD
1\&2\& Touch R toe to side, Step RF together, Touch L toe to side, Step LF together
34 Touch RF side, Hold
56 Hold
SECTION 7 : FWD SHUFFLE - PIVOT $1 / 2$ TURN R - FWD SHUFFLE - PIVOT 1/2 TURN L
1\&2 Step RF fwd, Step LF beside R, Step RF fwd
34 Step LF fwd, make $1 / 2$ turn $R$ step RF in place
5\&6 Step LF fwd, Step RF beside L, Step LF fwd
78 Step RF fwd, make $1 / 2$ turn $L$ step $L F$ in place
Note : Repeat Section 7 of part B at the end of the dance
Just for Fun, Happy Dancing!! Contact : ernij58@gmail.com
Last Update: 2 Jul 2022

