# Can't Keep Up

**Count: 32** 

Ebene: Improver

Choreograf/in: Donna Manning (USA) - July 2022

Musik: Can't Keep Up - Brett Eldredge

NO tags or restarts...(hooooray!! I know) - (counter clockwise)

## Sec. 1 (1-8) Kick, Behind, ¼ Turn, ¼ Turn, Hitch (or kick), Cross, Back, Side

- Kick L to fwrd outside diagonal, step L behind R, ¼ turn r stepping R slightly fwrd (3:00), ¼ 1.2.3.4 turn r stepping L slightly to L side (6:00)
- 5,6,7,8 Hitch R (or kick R fwrd), cross R over L, step L back, step R slightly to R side but under your shoulder width - stay square with wall(6:00)

#### Sec. 2 (9-16) Step, Heel-toe walk, Step, Heel-toe walk

- 1,2-3-4 Step L to L fwrd diagonal, walk your R ft to L ft moving heel, toes, heel
- 5,6-7-8 Step R to R fwrd diagonal, walk your L ft to R ft moving heel, toes, heel (weight stays on the R ft)(6:00)

#### Sec. 3 (17-24) Kick, Step, Rock-Recover, Kick, Step, Rock-Recover

- Kick L fwrd, step down on L, Side Rock R, Recover to L moving slightly fwrd 1,2,3-4
- 5,6,7-8 Kick R fwrd, step down on R, Side Rock to L, Recover to R moving slightly fwrd (angle body slightly R)(6:00)

# Sec. 4 (25-32) Cross Rock, Recover, ¼ Turn, Step, ½ Turn, Step, Stamp

- 1,2,3-4 Cross Rock L over R, recover to R, 1/4 turn L stepping L fwrd, pause
- Step R fwrd, <sup>1</sup>/<sub>2</sub> turn L taking weight to L, step R slightly to the side of L, stamp L (stomp not 5,6,7,8 taking weight) next To R (angle body to the L)(9:00)

## EOD ... End of dance! Smile, have fun, REPEAT!

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Wand: 4